

Relationship with God

An Introduction to Prayer

This document is a transcript of a seminar delivered by AJ Miller (who claims he is Jesus) as part of the Relationship with God series, focusing on what prayer is, how to pray and what kind of prayers God responds to.

Delivered By

Jesus (as AJ)

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Introduction to Prayer: Part 1

1. Introduction

Welcome today everyone. How has your month been?

Bit different for different people obviously. Mine and Mary's month has been very intense and we have had some really big things to deal with, so many of you may have sent me some emails and gotten no response. And the reason is that we have had very little chance to do anything other than process our emotions for the month.

Today I am actually in a terrible state so I don't know what kind of a discussion you are going to get. This morning I had an emotion come up of just wanting to die. So I'll see how we go with that today. I've processed that quite a lot through my life. When I was young, when I was about six years of age and again when I was nine, I had pneumonia. For any of you who have had pneumonia, it is actually a desire to die, through sadness. I am getting the symptoms of it again, so we'll just see how we go with that. I've got to work through that emotion for myself. Mary is obviously having different emotions to work through and she has also been doing really well. She is actually at the moment out printing some more handouts for you, for those of you who haven't got a handout.

Today the discussion is about prayer. And I want to have a series of discussions. Not just today, but the next few discussions are going to be about our relationship with God. And the reason I wanted to deal with that specifically is that I feel we have had a lot of discussion up until now about the Law of Attraction, we've had a lot of discussion up until now about opening up emotionally and dealing with our emotions and now I feel that the majority of us are sort-of ready to start really connecting with God and being aware of how that connection is an emotional connection. So that is why I want to really focus now specifically on your relationship with God.

And the very first of those things is prayer obviously. We want to talk about what prayer is. This is not going to be a very religious discussion by the way, so those of you who are a bit afraid that it might be a religious discussion, it won't be. It will be more of a discussion about how you interact with God and how God interacts with you. We will talk about that a lot throughout this session today. We also want to maybe read a few things. Ideally what I would have liked to have done, if I was more prepared, is to get a few people up here and actually, there is an excerpt I want to read from "The Life Elysian" and it's got several different characters. You are going to have to put your imagination on when I read through that, and imagine me in all these different roles as I'm reading out the excerpt, because it's going to help you look at the issue of what is involved in prayer. We want to look specifically at that.

Now do all of you have a handout? Okay, it's four pages long. There is another handout that I'll be emailing out with it which is an excerpt that I'll be talking about today from the book "The Life Elysian," and that's eight or nine pages long. I'll send that via email to you, so you will get that sometime in the future. Tomorrow of course there is a mediumship session for those of you who are coming along to that. We'll be looking at the mediumship issues. It is the second session of the mediumship stuff, tomorrow, not today.

It is funny today because I had this feeling that I was just in a total blank and I often come to these sessions in a total blank. I hope that doesn't worry you too much. Today I am really in a total blank so we'll see how we go about dealing with the discussion. Unfortunately I am in a total blank about my favourite subject, which is prayer. So I'm finding that is a bit difficult, because normally I would feel a lot of very deep emotions about it, and today because I am in this other emotion it is very, very difficult for me to connect. So you'll have to bear with me today and I don't mind if you get up and walk out and say, "Oh AJ was just not on song today."

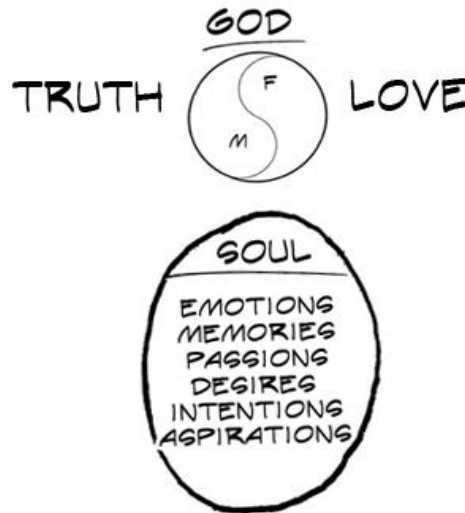
2. What is prayer?

2.1. Our souls are the real us

Now you remember what your soul is.

What is your soul? Here's your soul, what is it? Your emotions, your memories, passions, desires, intentions, experiences, aspirations, and so forth.

There is our soul. The soul is the real you. The mind is not the real you. Your brain is not the real you. The soul is the real you. This is something we have said over and over and over again. This is the real you. The real you needs to connect to the real God. What is God? God is a soul as well. You can say God is the great over-soul if you like. Remember we always say that God has Divine Love and Divine Truth, the primary characteristics of His soul. That is something we need to bear in mind.



Our souls, which are made in the image of God's soul, contain our emotions, memories and so forth

3. Prayer is a soul-to-soul connection

But God's soul has other attributes and qualities; in fact very, very similar, attributes and qualities to our own soul but infinite in capacity. The reason is that our soul was created in God's image, so the qualities and attributes that exist in our soul exist in God's soul but to a far more powerful degree; in fact to an infinite degree.

So there's God's soul and there's our soul. How do those two souls talk? Well the only way they are going to be able to talk is soul-to-soul. Now if our soul is our emotions our passions, our desires, our intentions and so forth, then wouldn't it make sense that the way we talk to God is through those things. Can you see that? The way we speak with God is through those things. It is not actually the words that we speak, it is not actually the thoughts that we have, but it is the emotions and the feelings that are within us that we direct to God, that God hears.

We could use the term "hearing", in terms of God "hearing" our prayer and us "hearing" in the sense of our "hearing" God's response. The hearing will all occur at the soul level. Does that make sense to everyone? All prayer is a soul-to-soul connection. A soul-to-soul connection, your soul connecting with God's soul. Now obviously when you connect to your own soul, usually you connect to it emotionally. When you connect to other people, generally you connect with them emotionally. It's the same with your connection with God. It is to do with your emotional connection. Your passion connection, your desire connection, your intentions and all those things. All of those things are your connection with God.

If I don't develop myself emotionally, if I don't develop my desires and passions, obviously I am going to have a lower capacity to connect to God than if I develop all of those things. That's why up until now we have spoken a lot about emotions and a lot about passions and a lot about desires. Because these are the ways in which we connect to God.

3.1. The Holy Spirit is the connection between God's soul and our soul that allows Divine Love to flow

So having a longing for God connects God with our soul through this thing that I've termed Holy Spirit. Now this is not some religious type of connotation, it is an actual physical energy force that God uses from God's soul to our soul. It is like a pipeline through which communication occurs. Specifically this Holy Spirit is the pipeline, if you like, or the conduit for Divine Love to flow between the two souls. Remember we have spoken about that before in some of the other sessions that we've had. The reason it is called the Holy Spirit by celestial spirits is that it is the one spirit of God, or the one attribute of God, that is specifically for the transmission of Divine Love from God's soul into your soul.



The Holy Spirit is the conduit that transmits Divine Love from God to our souls

Now God can also transmit other emotions and feelings and energies into your soul through other methods. God has a creative energy for example. Your life breath or your life force is a part of that creative energy. That's an energy that God gives to all living things. But that is not what I am talking about here. This is a specific energy, the Holy Spirit. You can think of it as the greatest energy that God has in terms of influencing your soul. It is the pipeline, or the connection, between God's soul and your soul.

Now once that connection is made then Divine Love can flow through the connection. Next week in Brisbane we will be having a talk about prayers for Divine Love and we will be concentrating specifically on what maintains the connection between yourself and God through the Holy Spirit with regards to receiving Divine Love. That's next week. Today we are talking more generally about prayer itself and what kind of prayers God can hear from you and what kind of prayers God can't hear from you; we should more specifically say cannot hear due to the laws that God has created.

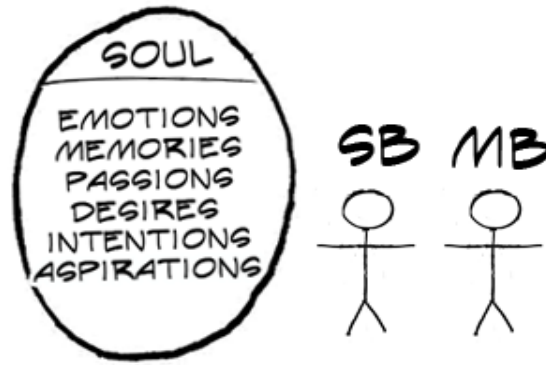
Our focus over the next few days and the focus today in particular is going to be on prayer generally rather than the prayer for Divine Love. Next week will be a focus on the prayer for Divine Love. Then later in another session, there will be prayer for Divine Truth. But today we're talking of the general characteristics of prayer. What kinds of things we can pray for, what kinds of things we will have difficulty praying for and so forth.

That is what we are focusing on now, how our soul can communicate with God's soul and we'll also talk about how God's soul responds.

4. Prayer opens up pathways in our souls

Firstly I would like to mention the effect of prayer. The effect of prayer is that it opens up pathways in your soul.

If you can think of your soul as a body for a moment; you know how we have talked about your having a physical body, a spirit body and a soul... if you could think of your soul as another body. So you have got a spirit body, a physical body and a soul body let's call it. You can just picture for a moment that there is this third body we haven't talked about, the soul being that body.



We have a spirit body (SB) and a material body (MB) attached to our soul

In the spirit body you know that energy flows through, don't you? That's where you have your chakras. You've all heard of the term chakras where you have energy meridians passing through your body and these energy points are where energy flows through you. You can think of emotions as energy in motion. There are these feelings if you like, that pass through you, in your spirit form. Well there are also feelings that pass, or they all come... all these feelings come from your soul and they pass through your soul. You can think of your soul as this great ball of energy, through which emotions (all energy in the soul is emotion), you can think of all this emotion flowing constantly in the soul. You can picture it in your mind like one of those, is it Van de Graaf balls? You know where there is all this electrical energy flying off the ball and that's your soul, that powerhouse of emotion if you like, which is actually energy flowing out to the universe.

When you begin to pray there is a part of the soul that begins to open up. When we are talking about true prayer it actually opens up a portion of your soul. There is a physical part of your soul that begins to open up. And it is the part that opens up that is allowing you to receive things, in this particular case, from God, but from also all parts of God's universe. Prayer is the key if you like, to opening up this part of your soul. You know how most of the time when you think of prayer, you think of some religious sort of connotation of what prayer is. What I am talking about is this part, this actual feeling or attitude in you which is called prayer that opens up a part of your soul so that you can now receive things that you couldn't receive before.

Now if it is a prayer for Divine Love it will open up a part of your soul where you can start feeling and receiving Divine Love. But if it is a prayer for other things in each case you will open up a part of your soul that allows you to receive. The biggest issue that we have is that we are constantly denying a connection with God. We are constantly pushing God away, we are constantly not receiving. That's now the default state of the human race if you like.

Participant: How are we constantly denying it?

We'll talk about that in a minute, about how we are pushing God away rather than accepting it but one of the main ways is by not understanding prayer.

5. How God "hears" our prayers

5.1. God "hears" our emotions, not our thoughts

You see if we talk about a religious connotation of prayer, most of the time it is thought of as a series of words that I read out, isn't it? So "Our Father in heaven" might be one of those series of words. If we are in another religion it will be another series of words that we read out, which is a prayer to God. But whatever the prayer is, a lot of times that is the way we view it; it is all coming from our intellect really. How many times is our emotion involved in that process? If you can remember what it was like, some of you who went to church, how many times did your emotion get touched when you said the prayer, compared to how many times you said the prayer without emotion? Can you see how most of the time it is just the word coming out of our mouth, or even the thought coming out of our brain, but in fact the soul is not

touched? Can you see that? If the soul isn't touched it is not a prayer and that is the thing we need to understand. God is not hearing things from our mind; God is hearing things from our soul. Totally different place, totally different space.

5.2. *Personal crises help us to connect with our emotions and with God*

Participant: Is the role of a deep crisis to give us an avenue to access a bit more emotion?

Yeah, that is one reason why deep crises generally trigger connections with God. It is because when we are in a deep crisis the soul is in these really strong emotions, is often overwhelmed with powerful emotions. Because it is a crisis that we generally have no solution for, we then generate a longing for God to assist us in the crisis and that is what causes a connection in those particular states. So that is one reason why in a crisis we feel a connection with God when we may not feel a connection with God at other times.

5.3. *Establishing a constant communication with God*

The whole object of prayer in the end though is to have a connection with God 24 by 7; that is the whole object. We don't want to just connect with God in a crisis and then the rest of the time feel quite disconnected from God. What we want in the end is to have a direct relationship with God that is constant.

Now if you can think of it as a child would think of this: in the first century when I began praying I was only very, very young. I was around two years of age when I started to feel God and I used to talk to God all the time. I viewed God as my Daddy and I used to often call God Daddy or Mummy. I used to refer to God in that way because it felt like a very personal thing between me and God.

I also viewed God as my friend. Imagine you had a friend with you 24 by 7. This friend loves you constantly. This friend is always interested in your welfare. This friend can also inform you about every single question that you have about anything in the universe that he created. If you could establish a constant communication link with that friend, wouldn't that be such a benefit to your life? You would be able to find out, "I've got this ache in my body, what's that about?" You would be talking away.

What used to happen for myself is that I would be talking away out loud all the time until my father Joseph got quite upset with me about that and they thought I was somehow going crazy. And so I stopped talking out loud and just started doing it in my feelings and emotions. But before then I used to speak out loud constantly and there is nothing to stop you from doing the same. Just talking out loud, connecting to your own emotions constantly and talking to your friend God, if you could consider prayer as that. Then you'll go far closer to what you could ever consider prayer to be in any other form.

So the connection with God is this childlike, innocent, chatting away to God, that's what we are really talking about. But the chatting has to be coming from the emotion. It can't just be coming from the mind. Did everyone follow that? As soon as it starts to come from the mind then we are now out of the soul and we are now in an appendage of the soul. Remember that the spirit and material bodies are connected to the soul, so the spirit body and the material body that are connected to the soul are just appendages of the soul. You can think of them as an arm of the soul. You can think of the spirit body as one arm and the physical body another arm, if you like. Using these arms is not the way that you are going to connect to God. How you are going to connect to God is by using your real self, which is the soul itself. That is how you will connect to God.

5.4. *The substance of thoughts vs. emotions*

Every single thing that comes from you toward God as a prayer is going to need to somehow involve your emotions, your desires, your passions, your intentions and so forth. If it doesn't involve those things then it is not a prayer. It is just intellectual words spoken to space. There is a good quote in the Padgett messages where he said it rises no higher than the space above your head. Now certainly thoughts get transmitted all over the universe. The truth is that every single thought

you have is also a packet of energy; you can think of it as an email. Every thought you have in your mind is like an email, a packet of energy that is spread out in space. But every emotion you have is far more powerful. It has a far more powerful affect on everything around you.

The mind itself does have energy and therefore every thought of the mind has some energy. But it has nowhere near the power that the energy of the soul has. We can certainly use our mind to start connecting with our soul's emotion when we pray. I'm not saying not to do that. What I'm saying is, understand that it is only when the emotion is involved that the prayer reaches God.

5.5. *Prayer is transmitted instantly*

In a physical sense it actually transmits faster than the speed of light. When you think about it, if God is outside the universe, then that means that God must be further away than the furthest possible star that we could possibly measure. Now at the moment they've measured distances of two or three million light years away. So if I had a feeling and it travelled at the speed of light it would take two and half million years before it reached God. It wouldn't be very effective would it?

Participant: No wonder I am not getting an answer!

No wonder... someone in two and half million years is going to get my answer.

So obviously prayer doesn't transmit at the speed of light. Prayer is transmitted, and this is the beauty of emotions, emotions are instant transmissions. That is one of the physical things that even those people in the 6th sphere do not understand. That every time you feel an emotion it is instantly felt by everything in the universe. Now if you have a feeling towards God, then God instantly feels that emotion. If that emotion that you feel towards God is harmonious with God's love and harmonious with God's laws, God will have an emotional response.

If you could just imagine for a moment you've got a child sitting in your arms and the child starts crying. What do you feel straight away? Don't you feel those tears straight away? You feel the sadness of that child straight away. And many of us would start trying to calm down the child, which is obviously not always the best thing to do. But there would be an instant emotional response in myself if I am holding a child. Particularly if the child has just been hurt or something; you can feel the child's hurt.

5.6. *God feels all of our emotions*

So if you can imagine now, God has you in her arms and she has you in her arms constantly whether you are aware of it or not, whether you are asleep to that or not, God has you in her arms. Every single emotion that you have God can actually feel and sense. Every single emotion. Now if those emotions are harmonious with love, God can respond to them. If those emotions are not harmonious with love, in other words they are desires, passions, intentions or emotions that are not loving in their intention, then God can still sense them but will probably and obviously not act upon them. So God can feel your every emotion.

Now that raises a lot of issues really, doesn't it, when you think about it? If God can feel my every emotion then the emotion I had yesterday of killing somebody, well God felt that. The emotion I had last night of anger with my wife, well God felt that too. And the emotion I had this morning of wanting to die, which is the one I had this morning, well God felt that too. God felt every one of those. Now every one of those that I just mentioned, God is not going to help me carry out. Because if I have an intention to die for example, then God's emotion... God doesn't want me to die, does she? So therefore God won't answer my desire to die.

So I am feeling the emotion but because the emotion is disharmonious with love, God can't respond to that emotion, directly in the connection with me. God can however respond to the emotion if I allow the emotion to flow through me and I pray to God about healing the cause, then God can respond. And we'll talk about these principles of when God responds and when God doesn't respond.

But can you see that it is the emotional feeling? If you had a child in your arms, it is the feeling you are getting from them emotionally that you are responding to. It is not necessarily their words, although their words are often a response to their own emotion and therefore their words will often trigger the emotion inside of you as well. It is exactly the same in your connection with God, exactly the same as that. When you have a feeling inside you and you voice that feeling in any way you possibly can, even if there are no words but you feel the feeling, now God is feeling that feeling from you. And that's a prayer.

That actually means that you can be praying to God while you are talking to another person, doesn't it; because you don't have to stop feeling an emotion toward God just because you are talking to someone else. Can you see how you can do both things concurrently? You can get to a stage where you are praying constantly but not actually saying words.

Participant: Would it be correct to say that your life becomes a prayer?

Of course your life is a prayer but don't think it is just your life because it is also your emotions. When we think of our life we generally think of things happening to us from the external coming in. I am saying that in addition to that it is also what you're actually feeling which is being transmitted out to the world itself.

For many of you, you have a life that doesn't represent how you truly feel inside of you, does it? How many of us really want to be in the job that we are in? When you are in that job, are you feeling great about doing the job? Probably not! God can feel that emotion from you even though no one else around you might be able to feel that emotion from you. God senses all of your emotions as you have them.

5.7. God senses but does not resonate with our painful emotions

Participant: How can God survive?

Well God is so infinite in love that every single one of your emotions, even if they are in the depths of despair (and a lot of humanity is in the depths of despair at the emotional level), that emotion God feels but does not resonate with.

Do you see the difference between being resonant with an emotion and not? Now let me illustrate. This soul, you can think of it like a tuning fork, if you like, is vibrating at a certain frequency. When it has a feeling it vibrates at a certain frequency. It is just like a soprano singer singing at a certain frequency. There might be certain items in the room that vibrate at that same frequency and they resonate with that soprano singer. And it is the same with your soul. Your soul is vibrating constantly at a certain frequency and that is the sum total of your soul condition. And every single person around you will sense the bits of the frequency that their soul also vibrates at. And this is what causes a lot of attractions from a physical level. So here my soul is vibrating at this certain frequency because of all the different emotions that I have in me at this moment. Your soul is vibrating at a different frequency with all the different emotions you have in you at this certain moment, but there are certain emotions that are the same in characteristic between the two of us and we will feel resonant with each other. We will feel attracted to each other on those particular emotions.

You can think of God as being this huge assimilator of emotion throughout the universe. In fact every living creature and even every inanimate object has a certain frequency and a certain characteristic that God always feels. And your soul is the highest of those creations and therefore your soul is the thing He is the most sensitive to. He is sensitive to absolutely every single child that He has ever, ever created. Every soul, God is just as sensitive to as every other soul. That is why we can say that God is impartial, without partiality, because your soul and my soul from God's perspective are identical in the sense that God can feel your soul and my soul to the same intensity.

It doesn't mean that your soul and my soul match each other in their emotions or their desires or their passions. But God can feel them. So God is there feeling and resonating with certain emotions that only God Himself has. So if there is an emotion in me that I want to die and there is an emotion in God of God feeling that life is supreme, then obviously my emotion and God's emotion are not harmonious in that state are they? So is God resonating with me at that point? No, and God can't resonate with me at that point. God can feel the emotion in me but God's soul will not resonate with me because my emotion is different to what God feels about me.

When my soul begins resonating with God's soul on certain matters, that's when we start feeling the communication back from God. Does that make sense to everybody? We're both having the same kind of thing going on. For example, let's say my soul has a feeling of unworthiness in it. What does God feel about me? Well doesn't God feel that I am supremely worthy? According to God I am the pinnacle of his creation, as are you. But let's just refer to it as one person. If I am feeling unworthy and God's feeling I am worthy, is my soul resonating with God's soul now? No. So if I then act or pray about something that is a result of my unworthiness, unless it is about healing it, I am not dealing with the cause of my unworthiness and of course God's soul can't resonate with me about that. So all God can do then is direct other people around me, in the way that God does, and we'll talk about this a bit later. God can direct other people around me to influence me, to help me see that actually I am worthy.

But God can't physically connect with me because I believe I am not worthy. And God feels I am worthy. So God is feeling my emotion but not resonating with my emotion because my emotion doesn't agree with Her emotion. So God under those circumstances uses everything in Her power outside of the physical connection She can have with me, in order to influence me to see the truth, and the truth is that I am worthy. So there will be all sorts of events, Law of Attraction events, Law of Cause and Effect events or conversation events and so forth that will all occur to try and trigger me emotionally. There will be people coming up to me, you will hear different things about worthiness in my life you know and eventually those things will get through to me whether it happens here on earth or whether it happens in the spirit world. Eventually it will get through to me. When it gets through to me my soul starts resonating with God's soul on the issue of whether I am worthy or not. In that state now I can receive more from God because my soul agrees with God's soul, about God's opinion of me.

5.8. *Prayer helps us to learn to see ourselves as God sees us*

So a lot of the times we are dealing with all of these issues and we are not actually feeling what God feels about us. All disconnection between ourselves and God is caused by our not feeling what God feels about us. That's what causes all disconnection.

So on the Divine Love Path as we've called it, which is the narrow way leading to life, what we are actually doing is learning to see ourselves as God sees us. That is what we are learning to do. And prayer is the major mechanism by which that will occur. Prayer is in fact the only mechanism by which your soul can receive Divine Love. Therefore it is the only mechanism by which our changes can be made. I am not saying that if God's soul does not resonate with our soul we are useless or hopeless though, because we are not; because God is constantly trying to connect with every one of his children, through other means if they personally do not want to connect to God themselves.

So God is trying, even if you do not want a connection with God, God is trying as best She can with all of the laws involved and with your attitude and condition, your soul condition inside your heart, God is doing exactly the best that She can already do to make this connection occur at some point in the future. All that has to happen at some point is for you to come to recognise that. Quite often it is referred to in spiritual circles as our coming to a process of awakening and we could use that term if we want. We are awakening to the fact that actually it is only I that is keeping me away from God.

God is not distant from you. God is with you right now. It is just that you can't always feel God with you right now and that is the issue we face. If we don't feel God is with us right now, the reason is that we are not connecting to God in the sense of resonating with God about God's opinion of us. In other words your own opinion of you is in disharmony with God's opinion of you.

When your own opinion of you becomes, and when I use the term "opinion" I'm talking about your emotional state, not just your intellectual state, when your true emotional state has the same opinion as God's opinion of you, now you will resonate with God. And in fact at the point when God's opinion of you and your opinion of you match each other perfectly, you also become at-one with God. That is one of the characteristics of being at-one with God.

So everything before then is just learning to see what we are in terms of separating from God and prayer is the key to finding out all of that, particularly the prayer for Divine Love; because if I am not receiving Divine Love it is because I am out of resonance. I am not in harmony with something if I am not receiving it. If I want to connect with God perfectly,

at some point I've got to allow myself to actually notice that's occurring and do something about it myself, because that is my free will.

So at this stage does everyone understand how God connects to us? And how you connect to God? See if you can just picture it emotionally, rather than metaphysically. The way I feel about it is that I am the child and God is the parent and every single emotion I feel, whether I am crying or laughing or whatever I am feeling, I am reflecting those emotions to God.

Some of those emotions are going to be resonant with God's emotions about me and so we will have a connection. Other emotions are not going to be the same as the emotions God has about me and so there will be a disconnection. But I can communicate those emotions all the time, can't I?

5.9. Not "hearing" a response from God indicates that we are out of harmony with God's feelings

Firstly if I do that for myself I'll be connected to myself all the time, which is really, really great. That is one of the first things we need to do with regard to our connection with God. But then I will also notice when I am not getting a response. And when I am not getting a response I will know, "Oh my opinion is not the same as God's opinion of me. The way I feel about myself isn't in harmony with what God's feeling about me on this particular subject, whatever that subject may be." So I will know straight away that I am in error. Can you see that? And if I know straight away that I am in error, then I know what I need to fix, what I need to do, what I need to feel and work my way through in order to reconnect with God again.

5.10. Prayer is a physical connection between us and God

At this point we want to make sure that all of us understand that prayer is not an intellectual concept. Prayer isn't also some faith thing. Prayer is actually a physical connection between yourself and God through your soul, which is through your emotional condition, your soul condition; that is what prayer is. And it is a reality. You can start experimenting with it even if you don't believe in God. You can actually experiment with prayer and let yourself work through different issues with it.

For example you can say to God, "Well I don't believe you exist, but if you exist, I don't believe you love either, come to think of it. But if you do love and if you exist, could you start showing me how to connect with your love?" That could just be a prayer that we make if we don't believe in God and we don't believe in love. And you'll find over the coming weeks things will change around you and you will start getting direction about those matters. This will happen to any single person whether they believe in God or not; it will start happening to them. Eventually they will start having certain things happen. Because remember it is the prayer that opens your soul.

Remember I said, it is the prayer that is the mechanism. You can think of it as your soul being a bud, like a rose bud and when you pray, the rose bud really starts to open. When things start to open, that's when you can start receiving. Can you see that? There is a common illustration where if you hold your hands like a clenched fist, are you ever going to receive anything? You're not ever going to be able to receive unless you open your hand to grab it. It is very much the same with your soul. Prayer is the mechanism by which you open your soul. It is very important we all understand that. That is why prayer is so important because it is the mechanism by which our soul opens to be able to receive. So bearing that in mind, you'll notice I've now basically covered the first section - what true prayer does. Prayer is this emotional response to God and it opens our soul to receive. That's a very, very powerful part. We've also talked about how God hears prayer, but there are a few things I'd like to mention about that.

5.11. God "hears" our emotions and our intentions

The way that God designed our soul, and by the way this is reflected in our chakras and our spirit body, the way God designed our soul is that we have two facets of emotions. One facet is those emotions we are about to have, and the other

facet of our soul is the emotions we are currently experiencing. Can you see the difference between those two? One is the set of emotions we are having right now and then there is also a set of emotions, that we are about to have. You could call them intentions. They are the emotions that are not yet flowing but they are about to flow. God feels both things.

God not only feels the current set of emotions that you have but God also feels the set of emotions you are about to have. In fact you will get to a point in your own development where you will also feel from other people, not only the emotions they are currently having but also the emotions they are about to have. You will in fact grow to get to that point.

For example you'll grow to get to a point where you know that somebody is going to steal from you before they steal from you. Or you will know that somebody is going to want to spend time with you before they even have the feeling they want to spend time with you. Because as your soul grows in its capacity to experience, and as it receives Divine Love, your soul's qualities expand beyond what is the normal human soul and into having similar characteristics to God's soul. And one of these characteristics of God's soul is the ability to actually know what you are about to do, besides knowing what you are doing.

Bearing that in mind, God can actually respond to prayer before you're feeling the prayer. That's fairly powerful, when you think about that. This is why many times there are lots and lots of spirits surrounding a person before a person makes a move or a shift emotionally. Because actually God is already responding to the fact; God knows that the person is going to make that shift.

5.12. Words can help us connect to our emotions

Participant: AJ, are the words important in the prayer? Because sometimes I am trying to get the right words going and then all of a sudden I think, "Oh you understand what I am talking about anyway, don't you?"

Words are important, not for God, but they are important for you, particularly before you reach the at-onement condition. I am talking about this time from the first to the seventh sphere of your progression; during this phase of your progression words can be quite important. The reason they are important, not for God but for you, is that when you start speaking words, often certain words trigger certain emotions within you, whereas other words don't. Certain situations trigger emotions in you and when you speak the situation or speak the words, the emotion often rises then.

So the beauty of words is that they can help you, particularly in that phase before you are at-one with God, to actually open up your soul so that you can feel the emotion that is actually there. It is the emotion that is felt that God is hearing, if you like, if I use the term "hearing". God's "hearing" the emotion. Also one of the key things God wants is for you to feel your own emotion before God responds to it.

5.13. God waits for us to feel our emotions before responding

The truth is that God will generally not respond to an emotion within you that is just locked up and not felt by you. This is why God waits until you feel the emotion. Even though God knows that emotion is locked in you, God waits until you feel that emotion before God responds. There are quite a lot of reasons why that is actually the case. One of the primary reasons is if you're not aware of the issue within yourself, then how can you even receive something that you are not even aware of? You firstly need an emotional awareness within yourself before you can receive something that is of the same resonance.

For example, many of you may have felt like that when you were falling in love with someone. You might have spent quite a lot of time with him, you feel this draw to them and if someone tells you, "Oh you're in love with them," you say "Oh no I'm not; I don't feel like I am in love with them." But you still feel this draw; you feel this draw towards them and then one time you will just sit down or maybe the penny will drop: "Wow, I am in love with them". Up until that point, you really can't receive love from that other person. Now I am talking about in a romantic sense, because you have not the awareness within yourself that you even desire them. So even though other people could see you desired it, it was not until you could feel your desire for it that things could actually flow properly. And this is very much the same with all of our interactions with other people but also with God. God is constantly waiting for us to get to a state where we're aware of what we want. We can't just do this thing that many people do and that is, "You know what I want God, so please can I

have that, whatever that is?” If we do that what are we doing? We are basically skipping over the fact of our own unawareness and God doesn’t want us to do that. God wants us to be completely aware of everything that we desire, of everything we want, of everything we need, God wants us to be aware and then God helps. Now God does a lot of things to get us to that point of awareness.

Participant: So the perfect prayer would actually be to be 100% humble all the time?

Yes when we are 100% humble all the time, we are feeling our emotions all the time. As we are feeling our emotions all of the time, we are constantly praying. Now some of those emotions before we become at-one with God will be out of harmony with God so they won’t resonate with God and we will feel that. We will know that emotion is out of harmony with God.

Participant: But it is still a prayer?

It is still a prayer, but if we know that it is out of harmony with God because there is no response from God, we know straight away that we are out of harmony and we know what to do and what to work on. And that’s the beauty of being humble all the time. When you are humble all the time, all these emotions are passing through you all the time. Some of them are going to be out of harmony with love, some of them are going to be in harmony with love, and with the ones out of harmony with love you will not feel the resonance from God and then you will know, “Oh that is out of harmony with love,” and then you can do something about it. You can pray about that emotion for example and do all of those kind of things. But we are not really 100% humble until we are actually at-one with God either because up until that point we are still not really feeling all of our own emotions.

5.14. God wants us to connect to ourselves

Participant: So if I am praying that I want what God wants for me that’s a cop-out too?

That’s a cop-out, yes. What does God want for you? What you want for yourself, in harmony with love. So what do you want for yourself? See, a lot of times our prayers avoid ourselves. We are constantly trying to avoid ourselves. Now does God want you ever to avoid yourself? No, never. God never wants you to avoid what is inside you. So any prayer that is about avoiding what is inside you, God cannot respond to. He can hear it in the sense He feels your emotions and He goes, “Oh yeah that’s the emotion of him wanting to avoid again. What can I do about that? Well not much aside from showing him some truths about some other things about what he is avoiding and wait till he decides that he shouldn’t avoid it anymore.” That’s all God can do under that circumstance. He can’t physically tell you because you are in the state of not wanting to hear the truth and that is that God actually wants you to know what you want. So it’s very important.

So can you see how God hears prayer? That section about how God hears prayer? Does that make sense to you? What’s going on with hearing prayer from God? Understand that God is totally feeling and can sense all of your emotions, but God is not responding to all of your emotions. Because the only emotions that God can respond to are the emotions that are harmonious with His laws. (And His highest law of course is love.) They’re the emotions that He can respond to in a direct sense. I use that specifically, so please keep that in mind, in a direct sense, because God can respond to all the other emotions in an indirect sense. The way He responds in an indirect sense is, “Oh yes I feel Sven has that emotion where he wants to avoid his own will, so what can I do to help Sven?” If you yourself can just imagine, what would you do help Sven when Sven is not listening to you? Wouldn’t you go to that person and say, “Oh that person knows about that law. I’ll get that person to meet up with Sven sometime and I’ll get that other person to meet up with Sven sometime and eventually Sven will get the message.” That is exactly what God does with us in each case. God is constantly answering our prayers but not directly, often indirectly; God can’t answer them directly because of our own condition. So don’t feel that God doesn’t answer your prayers, even if you are not hearing a direct response, because God actually knows what you need.

For example in that question that you asked, God is not going to say, “No worries, here is My will for you, go and do this, and go and do that, go and do this for me and then come back.” God’s not going to do that. So your prayer can’t be answered because God is never going to do that. But something God can do is help you see that at some point in the future, you actually need to work out what your own will is and bring that will into harmony with the laws of love. Then

you will have the connection with God and now God can talk to you about that. Does it make sense to everyone what's going on? This is something we need to come to understand about prayer. These are all aspects of prayer.

5.15. Illustration about prayer from “The Life Elysian”

There's a very, very good excerpt in “The Life Elysian.” On page 228 it begins: - rather than perhaps read it, which will possibly bore you, well it won't bore you, it doesn't bore me, but me reading might bore you! I'd just like to mention some of the things about it. In the example there is this young boy who has just passed into the spirit world. His name is Dandy. Dandy lived on earth in a situation where he had no parents to look after him; he was a street orphan. When he was living on earth he lived on the street and he would earn money by selling these little packets of matches to passers-by. That's how he would raise enough funds to buy food. There were many days where Dandy went without food. Dandy had an even younger orphan friend, called Bully Peg. Bully Peg also lived without food pretty much most of the time. Basically what they used to do is beg for food on the street. Now there are many cities of the world right now today, where this is happening constantly.

Now Dandy passed into the spirit world... there was an accident where he was asleep; what happened was that he was asleep and this big box fell on him and squashed him and within a few hours he passed. Now of course he is very, very concerned about his friend Bully Peg that he was looking after, who is still on earth. I think Dandy was in the late 6, 7 or 8 years old bracket and Bully Peg I think was only 5 or so. So, a very, very young child. What's happening is that Dandy's enjoying his life in the spirit world but he wants to go back and see how Bully Peg is doing. He goes back and sees Bully Peg not having eaten for a day. He hasn't eaten for day, hasn't had anything to eat, he's sleeping alone, hasn't had anything to eat. What would you feel if you were in that situation? Your friend on earth... you're in real comfort now... your friend on earth is in this state where, you know, they just haven't had anything to eat, is totally without anything to sustain them, living on the streets, and sleeping in cardboard boxes at five years of age. What would you feel? You would want to help, wouldn't you?

Well the first thing Dandy felt was anger at God, anger towards God and this was where his prayer began. He didn't actually physically say to God, “I'm angry with you”. But he got to his other mates in the spirit world and he said, “What's going on? What's going on? This isn't fair, God should have taken Bully Peg and left me on earth because I could look after myself but Bully Peg couldn't! Why didn't God do that?” Fair enough question, right? That's the way he viewed it. Now he went to another person called Aphraar who had been in the spirit world for a while and Aphraar couldn't answer the question because Aphraar didn't know why God had seemingly chosen Dandy and left Bully Peg there without any sustenance. But what actually happened was that Dandy's feelings, directed about God in this particular instance, automatically drew a response from God, and one of the Celestial spirits was sent to make sure not only that Bully Peg got a meal, but eventually that Bully Peg actually was adopted by somebody. Just because of the prayer of this young boy in the spirit world.

Now what does that demonstrate about prayer? Well firstly it demonstrates that our emotions and our desires are the key to prayer. But they have to be desires based around truth and honesty. So Dandy could have just looked at Bully Peg and said, “Oh yeah, no worries that's happening on earth and there is nothing I can do about it.” This is probably something he might have felt because he was a spirit now, “Nothing I can do about it, I've just got to accept it.” He didn't have those emotions. The emotion that he actually had was, “I'm angry with God about this, this isn't fair.” So let's look at that with your relationship with God. If you're angry with God and you're faking that you're not angry with God, does God hear you? If you are angry with God and you are actually living in the anger with God, you're actually feeling that anger with God and expressing it to God, now is God is hearing you? Can you see the difference?

See, the world would tell you that the first state is harmonious with God's love. In other words the first state where you suppress your anger with God is harmonious with God's love. But the truth is totally the opposite. God's love doesn't lie. Therefore if you're lying to yourself, or to God, you are out of harmony with God's love. What God wants from you too, is your emotion. That's bringing you in harmony with God's love.

There's another example that I know of, of a man who called in a priest. There was a man dying of cancer and he knew he was going to die very soon and obviously, as many people do, he went through this process of looking for cures and so forth. When all that exhausts itself we usually skip into a place where we are quite upset and angry. So he spent a whole night abusing and swearing at God. He was a religious man and so the next morning he felt so bad about having abused

and sworn at God all night that he called in a minister and said, “Well now I’m not going to make heaven am I? Because I have been swearing at and abusing God all night. I have just lowered my chances of reaching the heavens.” The minister said a good thing to him; he said, “Well actually you have been praying.” And you see prayer is like that, prayer is going to be exactly your feelings. Exactly your feelings. Can you see that every time you manufacture thoughts not based on your feelings you are no longer praying? It’s exactly your feelings transmitted to God that’s your prayer. Your emotions are essential and your emotions being harmonious with truth are essential.

Participant: AJ, back to the Dandy story, just briefly, why couldn’t God have enough compassion to provide food and care for Bully Peg without Dandy’s emotion?

God was already trying to do that with the resources available. But the additional prayer causes another response not only in God but also in the universe around us and what that does is that it automatically starts activating the souls of others. God does this automatically as well; starts activating the souls of others. What happened in this particular instance is that the soul of a man who lived in London at the time was activated to go and visit that particular location. In other words intuition was a way that God interacts with everyone. You see the problem is that most of us don’t follow intuition. We are busy, we have a certain lifestyle or whatever, we are doing certain things, we have a certain feeling to do something and we just go, “Oh no worries I won’t do that,” and we just forget about it. But every one of those intuitions comes from external sources, from God, generally.

5.16. God never breaks Her Laws to respond to prayer

Participant: But isn’t God so powerful that if He wanted to have that child parented, then that could happen?

The truth is that God responds to every child to be parented. However why would a person on earth be five years of age and be in a state where they have no food? What causes that?

Not just parents, society. So God can’t take away the effects of those things, all God can do is motivate other people to take away the effects of those things. Do you understand? For God to take away the effects of those things would mean that God would have broken one of Her own laws. So instead God appeals to other people who are willing to take away the effects of those things in order for them to disappear. That’s one way God answers prayer. The truth is that if all of us got to the state where we were in harmony with God there would not be a single person on earth who was ever without food, or without a parent, ever. But that is not the reality of how things are because of man walking away from God.

So the key thing to remember is that God is trying to help every single one of Her children, but within the constraints of God’s own laws. See, if God broke Her own law, then you can see straight away there are going to be lots of problems because now there is going to be anarchy. Nothing God does is anarchy. Also, can you see if God breaks Her own laws, then She is no longer God? Why would you establish a law that is not perfect? So God will never ever break Her own laws. But She will often motivate others, within the constraint of Her laws, to act in harmony with love, which is what happened in this particular circumstance.

Mary: Isn’t that why prayer is so powerful? Because actually God really wants us to bring our will in line with Her Love?

Yes.

Mary: So Dandy demonstrated that his will was in line with God’s Love and so then God could act?

Exactly.

Mary: Before that because no one else had demonstrated that will, apart from Dandy when he was on earth, then God couldn’t act?

Exactly! So God was there waiting for somebody to bring themselves into harmony with Her Love and then God can act. And God can then motivate that person, who is now in harmony with God’s love, to do many things harmonious with God’s Love. That is the thing God is always waiting for, with all of us. Now eventually God will get to the point where

God will not need to do many of those things in a roundabout way because all of us will be connected to God and at-one with God and God can operate directly through us. The state that I was in during the first century was that state, where God could operate directly through me to deal with issues rather than having to work around in a circuitous manner - which is obviously difficult but not beyond God's capacity.

6. God only answers sincere and earnest prayers

The other thing that was also required by Dandy was this feeling of sincerity. You see we often pray for things, or think we are praying for things, but we are not really sincere about it. For example many of you have been praying to connect with your emotions. Would that not be the case? Many of you feel you have been praying to connect to your emotions? The truth is that many of you are not sincere about it. Now why would you not be sincere about it? Well because you might be afraid of your emotions. How can I at one moment be afraid of my emotions and then pray to feel my emotions? Wouldn't it be better for me, if I was living in truth, to actually pray about the fear I have about dealing with my emotions? Can you see that? You see if I am praying about feeling my emotions and the feeling I have inside me is, "I don't want to feel my emotions, my emotions are scary, they are going to terrify me, everything is going to go haywire when I feel my emotions in my life, everything is going to be terrible, I don't want to do that," if that's the feeling in me it's because of fears. And yet I am saying to God, "Oh please help me feel my emotions." Is my prayer sincere? No, it's not sincere. It's only going to become sincere when I actually say, "Well actually, God, I don't want to feel my emotions. You know I don't think it is very good that you've made this system where I've got to feel my emotions. Well actually now I think about it I like the idea of feeling my good emotions but not my bad emotions." It would be far better talking to God like this wouldn't it?

"I'm happy to feel my good emotions but I don't want to feel my bad emotions." And then I think, "Oh hang on a sec, I'm never going to be at-one with you like that. So, alright, I still don't want to feel my bad emotions, but can you show me all the reasons why I don't want to feel my bad emotions?" And then we come to an awareness of all the reasons why we don't want to feel our bad emotions. As we come to an awareness of those things we feel are the blockages to feeling our emotions, once they drop away, those false beliefs within us drop away, now we can say, "I want to feel my emotions." And you know what? The moment we get to "I want to feel my emotions" you are really going to start feeling your emotions, because you have released the reason why you didn't want to.

Now the issue with prayer is this, I can pray to God about feeling my emotions till the cows come home and the next day and the next day and the next day as well and until I die and I will never feel an emotion unless I actually deal with the issue of why I don't want to. Because what is God waiting for you to do? God is waiting for you to be truthful with yourself. "I don't want to feel my emotion, that's the truth. If I'm not feeling my emotion right now, I don't want to feel it. That's the truth." So deal with that truth and start talking to God about that truth. If you don't do that you are not being sincere. You might be all emotional and everything, and say, "Oh I've got a terrible life" and crying about all these things but until you are actually sincere God cannot answer the prayer. Can you see why? Because we are still creating false sets of beliefs within ourselves. And it is not until we actually state the truth of what is going on within ourselves that we will connect to God. That's when we connect to God, when we are in that state of truth and sincerity.

We can also have a lack of earnestness about connecting to God. For example we can say, "Yeah I want to connect to my emotions, no worries." Then today I do all of these different things and busy up my life and the next day I busy up my life and a week has gone past and I have another prayer to God, "Oh yeah I think I want to deal with my emotions." You know we have this and that happen in our lives. Now does that sound very earnest to you? Well do you think it is going to sound earnest to God? This is why in times of crisis there is often that earnestness that arises within us because we generally want things to fix straight away in those times and so then we are more open to truth and therefore more able to be influenced by God.

If we continue to think that we can have a lukewarm attitude to dealing with things, we are way out of harmony with love. Because love isn't lukewarm. Love is a passionate hot thing. It doesn't wait for you, it doesn't wait for anything. Love doesn't. Love is an instant desire.

Participant: Isn't that the same as impatience?

No, impatience is actually driven by an emotion of anger, whereas earnestness is having a really sincere, earnest desire to make something happen; putting your whole into it. They are totally different qualities. So we are not impatient for God, but we are earnest for God. Well, whatever the prayer is about we are earnest about.

6.1. *The importance of truth*

For example many of you know now that you need to be in harmony with personal truth and you need to be in harmony with truth to connect to God. But many of you have not yet made the shift into telling the truth every single moment and every single time in your life whenever an issue comes up. So if I pray to God, “Please, I want more of your love to become at-one with you” and right at the same time I am making the choice to not be truthful with every interaction around me, can my prayer be answered? Obviously not! We also need to start to see that every time we have a prayer, if we are really earnest about it, we will start putting things into action ourselves. And putting things into action will not only cause huge shifts within our own soul but also cause us to maintain a connection with God. We need to get into that place where we are totally 100% honest and truthful about everything and with everyone in our life, no matter what the result is going to be.

Let’s say in the past I had stolen money from my employer. He never found out about it, I am still employed. And let’s say this is something that I know right now, this is something that has happened to me right now. As soon as I made this shift into truth, what would I do? Wouldn’t I go to him and say, “Look, five years ago I stole \$100 out of the till.” If you were really sorry about it, if you were really repentant about it you would probably give him the \$100 back, wouldn’t you? With interest probably! After five years it might be about \$200 you’d have to give back. So you give him that back and you would take whatever the results of your actions would be. If he decided that he can’t trust you anymore, “I’m sacking you,” if he decided that, then you would have to go along with that; because that would be an act of truth. That’s what I mean by staying in truth, even if you know that the results of your telling the truth are going to be what you believe to be negative. At some point when you come to this appreciation of how important truth is, you will still do it.

Now let’s say I am praying to God, “Please show me your truth,” and yet I know this thing has happened to me in my past, and it keeps popping into my mind occasionally; you know how things that we are guilty about often have a habit of doing that don’t they? “Oh you’re going to pop into my mind again.” Don’t let them pop out of your mind again. Do something about them. Let yourself feel it. If you are praying to God for truth and now you are acting in truth, can you see that God can respond to that? But if you are praying to God for truth and you are acting falsely, how can God respond to that? God is going to have to wait, God is going to have to move some other people in the universe around who want to listen to God’s desires and will to get you to a state where you can actually see what you are doing.

6.2. *Other Divine Love movements on the planet*

Now this is happening a lot in the Divine Love movement today. Many of you in your own investigations of things that I have been telling you have probably done searches on the internet and you’ve found twenty different sites on the Divine Love stuff, all related to the Padgett messages and so forth. And they all have their own different... I suppose you could say their own different communities. Many of them totally get rid of anybody else in the Divine Love Path if they disappoint them. Now is that love? No. Is it love to totally banish a person just for the sake of a disagreement? It’s not love is it? Now if the person is harming you or attempting to harm you it is love to actually say, “Well I can’t be with you, or speak with you, until you stop harming me.” But let’s define harm. Harm has to be God’s perspective of harm, not your own.

So if harm happens to you to be, “Oh he told the truth about me on the net,” that’s not harm from God’s perspective. Can you see the difference? Now the problem for many of these things happening within the Divine Love movement is that everyone says they have “Divine Love,” but if you have Divine Love wouldn’t you have love with each other? Wouldn’t you also have truth with each other? Would you ever say to somebody, “You’re banned forever from my life?” No. So if those things are happening what’s going on? Obviously not love. Something else is going on. When you analyse things in your life and you analyse the people that you’re with, and you feel something about things going on external to yourself, ask yourself the question, “Was that loving?” If it was not loving then why aren’t you addressing it? Address it with these people. If you notice on a forum somewhere that someone wasn’t loving to someone, say that, stick your nose in and say it, do you know what I mean? And if you get banned, well obviously there is another proof that the person is not loving.

But let that happen. Do you know what I mean? Allow yourself to work through these issues of why you don't stick up for truth and stick up for love.

Now what will eventually happen is that all of these different "Divine Love" movements - if we put them in quotation marks, because very few of them are Divine Love movements, they are actually verbal intellectual movements about Divine Love - will not grow. The truth is that the Divine Love movement, the real one on earth, the one that's growing, the only one in fact that's growing, is the one that is going to be connected to God and emotions. That is the only one that will eventually grow. All the others will not grow.

Participant: Actually just lately, because you were saying that, I was the one who was investigating lots and lots of those and I have read through all of them and taken the healing and I have not found in any of those movements anyone who is dealing with their emotions at all.

Exactly!

Participant: They all pray and claim that they get Divine Love in buckets.

Yep.

Participant: But nobody is really helping.

And you address it with them and you'll find they will get angry with you and get upset with you.

Participant: I'm already banned.

Yeah, you're banned. You get banned straight away and if you say anything about AJ you will definitely get banned!

Participant: I didn't have to, I was only speaking....

About emotions!

Participant: About emotions?

Exactly!

Participant: But do you actually deal with your emotions? And they said, "We've done that, like, way back".

And then when you say, "No you haven't because you have got this emotion and that emotion," then they get upset and ban you. So what's going on there? They are praying for Divine Love to enter them but are they receiving Divine Love? No they cannot be receiving Divine Love while they are in a state of untruth, emotionally. It's quite simple. And you can see when a person is not doing it. Because they get angry with you when you tell them they are not doing it.

If you were receiving Divine Love and you had received Divine Love and you knew it was happening and I told you it is not happening for you, would you get angry with me? No, because you would be in a state of Divine Love where it wouldn't matter what I thought to you. But if you get angry with me, obviously the anger is covering over what? Deeper emotions that are not loving. Anger is not a loving emotion, is it? Obviously not a reflection of love. So the key thing to bear in mind even with all of these things that happen externally, is if I'm not willing to stay in a state of truth and love myself and then I am praying to God to receive love, can I expect to continue to receive love constantly in that state? Obviously not! I can't expect to do that. I have to actually do something inside myself, and shift something inside myself before I will begin receiving Divine Love again.

6.3. Thankfulness is important for our progression

The other attitude Dandy had in the illustration I gave earlier was the attitude of thankfulness. You see after Dandy saw Bully Peg firstly get a big meal and then this man who gave Bully Peg a big meal arranging for a family to take care of

Bully Peg; when Dandy saw that... if you saw that, how would you feel? You would be just so overwhelmed, wouldn't you? Like, "Wow, all I asked for was a meal and he got a home as well as a meal!" Wouldn't you just feel that deep overwhelming thankfulness? And that's another part of our prayers to God. It is so important for us to look at this issue of thankfulness.

You see a lot of times we are not actually thankful. Many times you see people sitting down for a meal, they pray to God, "Thank you for the meal" and then they argue in the table, with the person who made the meal. Now is that thankful?

Obviously not, so you need to deal with that emotionally.

Oftentimes what happens with us is that we receive things without notice. We don't notice what we are receiving and God wants us to become very aware of what we have received. When you are like a child you will feel a deep awareness of everything you have received that has been good in your life. And you will feel a deep feeling of thankfulness to God about that. So thankfulness and gratitude is so important in your own progression. Thank God for what God has already done for you. Many of you have this resonant feeling in your hearts that you are learning truth when you come along to these sessions. I know that many of you have spoken to me and said that for the first time in your life you've felt the truth; many of you have been searching for the truth for years and years and years. Have you thanked God for that? God rewarded your seeking. But are we thankful to God for that? And often when we're thankful or we say we're thankful we don't act thankful.

For example, if you receive a truth and you know it to be a truth in your heart but you don't act upon that truth in your life, are you really thankful? Well what do you think? If you know it's the truth in your heart and you don't act upon the truth in your life, are you thankful for receiving that truth? Obviously not! Can you see? Wouldn't you then need to look at that emotionally? "What is going on inside of me emotionally that would cause me to think that I am thankful? I know it is the truth that I just heard and yet I haven't acted upon it, what inside me would cause me to do that?" Wouldn't it be part of thankfulness to analyse that? To look at myself about that and ask myself why I haven't acted upon that truth? So you see it is one thing to say "thank you", quite another thing to actually be thankful.

Participant: AJ, do you think it is possible for you to use gratefulness as a tool to suppress your emotions?

Definitely, yes! The truth is that we can use lots of things to suppress our emotions. One way we can use so-called gratefulness to suppress our emotions is to say, "Oh I'm so grateful for the life my family gave to me when I was growing up and then because I am so grateful, I don't want to look at the fact that mum... you know dad abused mum and mum had an affair and then my younger brother did this... I don't want to look at all the things going on emotionally that affected me."

So quite often we use excuses to not analyse our emotions. Now we need to remember that God understands our soul. God knows when we are doing this. God even knows when we are using something like "thankfulness" in quotation marks now, in an unreal state. And you see this is why it is so important to never deceive yourself with your own emotions. You notice that next month I have a talk about that. I'm doing a talk next month called emotions of self-deception. The reason is that oftentimes we prevent our truthful state of being by having a whole group of emotions of self-deception, many of which look on the outside to be good and loving, but actually on the inside are, as I said in the first century, full of dead man's bones. You know, full of smelly things that we don't want to smell or look at.

And that's what we often do in our lives now. We often use things that look good on the outside, but on the inside we're actually using them to run away from ourselves. God sees that; God sees us as we truly are. Many of you who have already begun your emotional work have become quite shocked sometimes at what you have seen within yourselves. Have you felt that? When you actually started to look you thought, "Oh no, what have I been...? Gee." Even things you thought were quite good about yourself, and then you saw your motives for doing it, motives like, "Oh wow, I needed something from them or I used them for sex, or I did this for something else," A lot of times there is this bartering system going on inside us and we start becoming aware of it. Well that's part of truthfulness with God; you see God wants you to become truthful with yourself and with God about those things. If you are not truthful with yourself and God about those things then eventually God's love can't flow into you. You will receive a bit of love until such a time that the truth is always being compromised and then you will receive no more. Can you see that? Or you will receive a bit of love until you are no longer sincere about dealing with something and then you will receive no more. Or you will receive a bit of love until you are no longer earnest, until you no longer have a sincere desire, and then you will receive no more.

And this is why when a lot of people first find the Divine Love Path, they sometimes read the Padgett messages or whatever and they feel the soul connection with what's going on and they feel the inflow of Divine Love and then it stops. And then for the next 25 years it never starts again. And there are many people on the earth in that condition. The reason they are not continuing to receive is that their prayers are not sincere, they're not honest, they're not truthful, they're not open, they're not thankful, they're not earnest and it is the prayers that need to be sorted out. And when they sort out their prayer, change will come within. And things will happen around them automatically. Now you notice that I included all those things I just mentioned under the section in the handout, "Essential elements of prayer." So if there is anything you take home from this discussion about prayer, try to take home those essential elements of prayer and utilise those essential elements in your life with regard to prayer.

After that is I've tried to be a bit more specific about what kinds of prayers, or the content of prayer and this is why I've got, "Content - What Will Be Heard By God," and then I've got another section "Content - What Won't Be Heard by God." And we might not go through all of these today but they are there for your appraisal. You can look through them in your own time. But there are some that I like to cover with you in a lot of detail; the reasons why the majority of people have trouble with some of these points with regard to prayer.

7. God answers prayers that address causes rather than effects

The first one is prayer about effects rather than causes. I'd just like to read you a Padgett message; this is written by a friend of mine. Many of you would have heard of Elias? Elias is his name in the spirit world. He was a so-called prophet, in very early times in Israel's history. And he was on earth around 1800 years before I arrived on the earth. I eventually got to meet him when I passed because he was one of my guides. Elias was one of my guides in the first century. But this is what he said to Padgett.

"I AM HERE. Elias, Prophet of Old,

I will write a short message tonight, as it is late and you are tired.

Well, I desire to say that the message you received from the Master contains some of the most important truths affecting the relationship of God to man in his worldly or material living.

Every Truth that was uttered has in it an element which shows that man to a certain extent must expect and know that God will not interfere with the law of compensation as to its effects and results. Only will He help man to remove the causes that so certainly entail the results, and the sooner men know this and more thoroughly understand it, will they become able to avoid the consequences of sin and the violation of law, and also understand that no prayer will cause God to respond, where a suspension or setting aside of his laws or their workings are necessary.

He will respond to prayer, where that prayer asks for the removal of causes, but never when it applies only to effects.

This Truth man should learn and in their prayers ask that those things or causes which in compliance with the law of compensation bring about results that are harmful to them to be removed, or eliminated from their acts and deeds as well as from their desires.

I could write a long message on this subject but will not do so now, as you are not just in condition to receive it. I will come soon and write at length.

So with my love I will say, goodnight.

Your brother in Christ,

ELIAS."

Now Padgett was never in a condition after that to actually receive a longer message on that subject. It is that subject I would like to spend a bit of time on now. That is, that God does not listen to prayers that address effects.

Participant: What's an effect?

God will not listen to prayers that address effects. And I will explain what I mean by effects. He only listens to prayers that address causes. Now let's look at how man works. Let's look at all of man's laws generally, for example the law of speeding. You know if you exceed 100km/hr along the highway you get, if its 107km/hr or 115km/hr or 121km/hr, you get a different fine until eventually over 150km/hr or 160km/hr a suspension of licence. All of that is just dealing with an effect. Can you see why? You're not dealing with the cause of why a person speeds. You are only dealing with the fact that they have sped. None of God's laws are like that. All of God's laws address the causes of what we do rather than the

effects. Now that being the case, if we pray about an effect being removed from something that we have done in our life, and we don't want to address the cause, God cannot assist us.

EFFECTS CAUSES

A big example of this: many people when they get an “incurable” - if I put that in quotation marks – disease, they will often pray to God about the removal of the disease. But what are they praying about? They are praying for the removal of the effect. Can God answer that prayer? No. But God can answer a prayer where I pray for the removal of the cause within me. To be removed it is going to have to be felt by me, isn't it? To experience the cause within me that causes me to have this incurable disease. Now God can answer that prayer. God can answer that prayer directly. Can you see the difference? The reason why God never answers a prayer that deals with effects is really quite simple. If God takes away the effect, he is actually breaking one of His own laws. In fact not only just one of His own laws, there are quite a lot of laws He is breaking of His own if He takes away the effect. There is actually a Law of Cause and Effect, there is also a Law of Compensation, or you could think of it as Karma; what you sow you will reap. Now those laws have been put into place specifically to correct us.

For example, if you had a young child and you told the child that the stove was hot, but the child didn't have a physiological response in their body where if they put their finger on the stove they felt a sensation of burning, what would happen to that child if it put its finger on the stove? It would just put its finger on the stove and eventually the finger would just smoulder and smoulder, then burn and then the smell of burning flesh, and eventually the finger would burn away, wouldn't it? And yet that child would not feel any effect. Now God doesn't do that. God always wants you to feel the effect of something that is happening to you. Always. But what He wants is for you to address the cause, and when you address the causes and you pray about causes God can answer those prayers.

I have given some examples in the outline, if you look at page 2. You see this a lot where parents become so embroiled in children's emotions. Often parents are so distressed by their children's emotions they spend a lot of time praying to God about their child changing their behaviour. That is a total skipping over of the fact that the parent is creating the child's behaviour. So therefore it is an effect. Can God change that or help that situation? No, not until you realise that the effect, which is your child's behaviour, has a cause inside you that you are suppressing. When you connect with the fact that it has a cause inside you that you are suppressing and you pray about that, now God can help you. And you'll find help very rapidly in most cases under those circumstances. And sometimes even within a few moments the child no longer has that effect.

You see everything God has done is put there to show you when things are not harmonious with love. So every tiny bit of pain you are experiencing in your life, physical or emotional, is the complete effect of a cause. And if you don't want to see the cause those pains will continue. Now we have whole systems on earth totally dedicated to removing effects. The pharmaceutical system on earth is totally dedicated to taking away the effect. We have law upon law upon law that is established in our world politically, to take away effects. They don't deal with causes. Is it effective? No. No, because we still keep getting the same effects. And it is amazing how much, if you analyse this in every single walk of life, sexually, emotionally, politically, environmentally, economically and all these different areas you will see that the whole world is geared towards modifying and changing effects. God doesn't do that. God doesn't touch any of those systems for that reason because God is only interested in addressing causes.

7.1. *Healing caused by prayer*

Participant: AJ, when we think of prayer, and asking God for things for ourselves, what about when we pray for somebody else, if somebody is ill and we pray for healing, and they are healed, how does that all relate to this?

If we pray for healing and the person is healed there is usually one of two things occurring. One is that there are many spirits in the spirit world in the 6th sphere and lower, who are totally dedicated to healing people on earth, who are not

dealing with causes. So there are literally billions of spirits in the spirit world who will assist in healing of a person that is not addressing the cause; why they got the injury or the illness in the first place. It is a total ineffectual waste of energy though, because in the end whether the person is healed or not the emotional cause is still within them. They will either get the sickness again or another similar sickness or they will never address the emotional cause which is harmful to their soul anyway. A Divine Love spirit would never respond to a healing where the cause is not dealt with. Can you see that? But there are literally billions of Natural Love spirits who will and so often when you pray for a healing, it is not God actually doing the healing, but a spirit feeling your intention, which is an intention of love. God actually feels your intention of love for the person, certainly, but it is the spirit who is feeling the same intention, and they go and heal that person or attempt to heal that person. That's one set of circumstances. The other set of circumstances is where the person themselves is encouraged by the spirits around them to actually feel their causal emotion about their sickness. Now under those circumstances a Divine Love spirit will assist in the healing of that person and the person will be healed because the person has addressed the cause of the illness within them.

So in each case there is either an avoidance of dealing with the cause or an actual dealing of the cause, which results in healing. Obviously our desire for somebody else's pain to reduce is a pure desire on our part. But oftentimes the pain is a result of their not wanting to face their own suppression of emotions. And so this is where it gets down to what you would do with healing if you were a person with Divine Love on earth compared to Natural Love on earth? Well when you are a person with Natural Love on earth and doing healing, you will be tempted to heal anyone you can heal. And there will literally be hundreds, or if not thousands, or if not hundreds of thousands of people coming to you for healing.

Many of you have heard of John of God, yes? John of God, although he has received some Divine Love, does not understand the principles of Divine Love and many times he is healing with Natural Love spirits' help. But he also has a Divine Love spirit helping him heal and this Divine Love spirit, who is one of the softest and gentlest spirits that surrounds him, will only heal when the person who is being healed wants to deal with the causal emotion. And John of God himself doesn't understand why this spirit that he recognises as the most sensitive spirit around him actually comes to him under certain circumstances. He doesn't recognise what those circumstances are. But the circumstances are that the spirit can connect through John of God to heal that person because the sick person wants to deal with their causal.

And this is a major issue for all of us who are attempting to do healing in the future. And we will talk a bit about this in the healing sessions in the future as well. And that is, when the person who we are trying to heal does not want to deal with the cause, your power to assist them is severely diminished because their own physical soul is generating the problem. All illness is the result of the soul having these blocked emotions which then create the illness in the physical form and the spirit body. If the person's soul is the cause of any physical illness, if the person's soul isn't addressed in some way, then the person is going to recreate the same kind of problems and issues. And so any healing that you do under those circumstances is going to be severely affected by the fact that their soul is working totally the opposite to the way you want it to work. So it is very important, even in the medical profession, it is very important that we start seeing things at the causal level. If we see things at the causal level then things can change quite rapidly.

7.2. *Health, aging and death*

Participant: It's a bit of a messy question: before when you said, "I want to go..." there are a lot of people that want to die and God won't do that because that's an effect isn't it?

Yep.

Participant: Is it possible for a person to get to a point, where as far as that goes... whether you lose your material body or not, it isn't a problem to God, is it?

No, but there is a law you are breaking by wanting to die. Remember I said before that God's emotions towards us and our emotions need to resonate in order for God to respond? Now if I want to die but God doesn't want me to, obviously God created me to live, not to die in any sense. God also wants me to respect this physical body of my own. So if I then don't respect it, I am out of harmony with God's desire for myself. I am disconnecting myself from God. And so in every single case you will find that there is some kind of disconnection between my thoughts about myself and God's thoughts about me.

The key for me is to start addressing the reasons for that. So if I have a feeling I want to die, I need to feel what that is about. I need to feel the feeling. I actually need to allow that feeling to pass through me. And I need to allow it to be felt, and then I will connect with the reasons. I will probably grieve and when I do that the emotion will be gone and I will no longer want to die.

Participant: What about a lot of people at the end of their life who are accepting of the fact that they are dying, is that different?

Yeah, having acceptance of the fact that you are dying and wanting to die are two different things. But also remember we are dealing right at the moment with an imperfect system because of the only reason why these bodies that we have die, is because of the stored unhealed emotions within these bodies. And what often happens is that a person gets to a certain age in their life where they have so much stored unhealed emotion within them that they have no desire to actually address, that they accept the inevitable and their physical body dies. So they pass. But the problem is that when they pass they are still in the same emotional condition. They are still in the state of suppressing their emotions; they're still in the state of suppressing the exact emotions that killed them. And unfortunately because they are in that suppressed state, and they never learnt how to get out of that suppressed state on earth, they have a lot of difficulty in the spirit world getting out of that state as well.

And that is why many of the spirits we have talked to have spent hundreds of years in a suppressed state, maybe in a state of fear, or whatever the suppressed state is. Because they learnt to do that on earth and never got out of that on earth and when they pass in the spirit world it is much easier to do something, whether it is suppressive or emotive. So when I pass into the spirit world if I am used to suppression, I'm going to suppress even more. When I pass into the spirit world and I am trying to open up emotionally, I'll open up emotionally even more.

And that is what is happening with a lot of our physical diseases on earth, or even just dying from old age. From God's perspective, there is no old age. A body is totally able to continuously repair itself, as you know in the medical profession, and then all of a sudden for some reason that process degenerates. It stops happening. It happens all the way through our formative years, it happens all the way through our teenage years, we get in to our young adulthood and it starts degrading. Why is that? It is because of the emotions that are being suppressed, now suppressed upon the body, shutting the body down, shutting down all of its functions, and just causing disease in the body, which eventually kills us. And that's why we get wrinkles and lines across our face, and that is why all of these other problems inside us start occurring, because we are suppressing the underlying emotion.

Once we address the cause, many of you here will live for hundreds and hundreds of years, if you want to. Many of you will. Because you will get to a point where you'll deal with the emotional causes and then you will actually start growing younger. So you won't be 250 years old with your face being like a prune. You will be 250 years old and you will look like you are 25 and you'll feel like you are 25. This is what happens in the spirit world as you go through the different spheres. Once you get to the 6th sphere of the spirit world you are normally around the age of 25 in terms of body. When you progress beyond that obviously your soul is expanding in different ways other than affecting the physical form. But you will get to a point on earth where you are like that. It is just a matter of working through the causes. It is always the causes.

Participant: I have a question. You said before that when the child is not okay then the causes are the mother's. But then you can go from the mother to the mother's disease to the...

To the grandmother and, exactly!

Participant: How does it work? I mean, somewhere this cause must be taken away, released.

Well remember these emotions enter each generation. So in each generation the emotion can be taken away. In the Parenting Children discussion that we had, we've addressed all of those issues of how emotions get trans-generationally imposed upon each generation and my suggestion is to have a listen to that discussion because that addresses all of the trans-generational emotional injuries and how they occur and how they can be released as well. That discussion covers that question.

Participant: If someone is paralysed on earth, when they pass are they still paralysed?

They may feel the sensations of paralysis but they will not be paralysed. For example, let's say any condition that happens here on earth, let's say I had Down syndrome while I'm on earth, when I pass I may still feel the sensations of Down syndrome, but not actually have it.

Participant: You can move?

You can move forward. Yes, in every single case you can move forward but with regard to many of these things the spirits go across in a certain state, for instance having Down syndrome, and remain in that fictional state, because now it is only a fictional state. It is not reality. They remain in that state until someone shows that they can get out of that state. This is one of the reasons why we are doing a lot of the mediumship stuff, you know with these mediumship sessions because there are whole groups of people who have passed in the spirit world who are in these fictional states of existence. They believe themselves to be confined to these existences, mostly because that belief has entered them through their parents or through their environment or through their religion and they are then fixed into a certain state until they have an awareness that that doesn't need to be the case.

And one of the main things we would like to achieve with the mediumship exercises is to actually move them from that state and out into an awareness state where they don't have to be constrained by those illnesses. There are many people who die of cancer on earth, who still believe that they have cancer in the spirit world, for example. It is only when they realise or somebody tells them or through their interactions with other people that it is not the case, that they begin to progress and work on the emotion that caused them to have the cancer for example.

Participant: With Gloria, who we know now she has arrived in the spirit world and she had done quite an amount of work here to remove the cause of the cancer, she didn't want to do all of the work, but she is well aware of how it goes, will it be easier for her?

Gloria did a lot of emotional work about issues other than her cancer, but unfortunately she did not deal with the main issue that was affecting her cancer. And so she passed because the cancer eventually killed her. When you pass in the spirit world, usually in the first week or two in the spirit world, for a start you go through these emotions of having a lot of freedom. Now for many who pass with cancers or other diseases, they are kept asleep for a long time, but in the case of someone like Gloria, because she knows a lot about the spirit world, through her learning, it is unlikely she would be kept asleep. Normally she would firstly be flitting around to all the people on earth checking them all out, "what does that person really feel about me, what does that person really feel about me?" and honestly you find a lot of really revealing things when you do that. You will notice this when you pass. You find out a lot of so-called truth that you weren't aware of when you were here; you'll find out how people really think of you and feel about you and there are a lot of emotions that come up during that process, obviously. Then after the first week or so you go through this phase, usually after your memorial service, of sort-of settling into the spirit world.

And I talked to Gloria and she hadn't even looked at herself in the mirror yet, so I encouraged her to do that. Because when you look in the mirror you can see the different areas of your spirit body that are affected by emotion. So when she did that she could actually see that she still had the cancerous emotion. So now she is going through a little phase of anger about that; anger that with all the emotional work she did, she still didn't access the cancerous emotion that caused her own death. Once she gets through that phase of feeling those emotions she will come to realise what the actual emotion was, and she could easily be told by another spirit what the emotion is. It is an emotion of wanting men to do what she wants, getting them to do it through manipulative means. And once she works through that emotion, which she could probably do in a day or two actually, and to be frank could have done in a day or two or a week or two on earth as well...

Participant: She wasn't aware of that.

No, she was aware because I told her about the emotion. I have spoken to her specifically to say that that was the emotion but...

Participant: She must have really denied it.

Exactly!

Participant: Until the end she would not admit that that was the emotion.

No. She even had dreams about that being the case but they were not affecting her emotionally. So, and also of course in her living environment you know, where she was living, no one surrounding her wanted her to believe that either because when you start looking at a lot of emotions within yourself and you start feeling them, you start feeling really terrible about yourself. And a lot of people obviously don't want that to happen when you are going through cancer or something like that. So a lot of times people around us also shut us down from actually experiencing the emotion.

She will probably go through that emotion in a week or two and once she has gone through that emotion, because she has already received a lot of Divine Love, she will move to a new location. And once she is in the new location she is just going to have a wonderful time progressing after that, working through other emotions. Because once you learn how to work through the first one, obviously the other ones that are there become a lot simpler to work on. So that is generally what happens to many people who pass. They go through this initial phase of joy, flitting around from here to there, talking to everyone they can who is mediumistic and that kind of stuff, and then they go through this phase of realising, of actually feeling the realisation of what their condition is. Then they generally go through a phase of either denying that or wanting to deal with that. And then they go through the process once they learn how to deal with it either on the Natural Love Path or the Divine Love Path. Usually they follow that same path in dealing with any other issues. But we are a bit off the subject of prayer. It is so nice to see you reflecting love; it is beautiful.

Introduction to Prayer: Part 2

8. Why God does not answer prayer about the effect

Alright, let us get back to the discussion about prayer. The important thing we were just discussing before the break was this issue of cause and effect and that prayers about causes are the most important thing to remember. And if you start thinking about it from a purely reasonable point of view you can understand why God operates in this way. Because if you were operating from the point of view that you were fixing up effects all the time, you imagine God going around to everybody, everybody's life, fixing up all the effects, constantly. He'd be one very busy God would he not? Particularly with the amount of damage one of us can do, let alone... So He'd be going around, you know, fixing up all of the effects in your life. And the problem with that is that it creates people who don't care about what they are doing. So one of the primary reasons why God only addresses causes is that He wants you to understand what you're creating. Remember one of the things in this growth on the Divine Love Path is about you becoming a creator. So at the beginning you feel you are not creating very much at all but actually you are creating lots of things, it just happens to be many painful things. (Laughter) I don't know why you're laughing about that!

But then as you grow it's like you go to a state where you start creating things that far less painful and far more imaginative and creative and beautiful. So as that process occurs, if you're not aware of the effects of your creations, you can do some very big damage, can't you? Not only to your own lives but to the lives of others. So God is very interested in making sure that you understand the effects of what you create. What better way for you to understand the effects of what you create, than your actually feeling the effects of what you create? A lot of God's laws are actually based around you feeling the effects of your own creations. If there are painful creations, then it is because I am out of harmony with Divine Love in some way. And I need to feel the effect of my painful creations. So if I am experiencing personal pain I need to understand, whatever the pain is on a physical or emotional level, I need to understand that that is the effect of my own creation. Now once I understand that basic principle, I'm now very careful about making sure that all of my creations are harmonious with love. And that is the reason God addresses prayers that are to do with causes and does not deal with effects. If He dealt with effects you could go on creating all of these very painful things and not have any painful results for yourself, which would actually be quite damaging to your environment and to yourself. So it is very important that you understand that there are effects and God can't solve effects for you. You need to deal with the causes; God can help you with the causes. So pray about the causes.

9. God answers prayers that are harmonious with free will

You notice in this "Content - prayers that will be heard by God" section of the handout I've included prayers that are harmonious with free will. Many times you see people praying for things that are not actually harmonious with the free will of others, or even their own free will. One that you brought up earlier was that issue, "I want God's will to be my will". Now God doesn't want you to do that, God wants you to express your will in its most powerful form, which will be when you are completely in harmony with Divine Love. That's what God wants. God wants you to work out what you want. And if it is in disharmony with love, deal with that emotionally; if it is harmonious with love, act upon it immediately. That's what God wants you to do. So if I am praying for God to tell me what God's will is for me, all God can really say to me is, "Actually my will for you is that you find out what your will is," if that makes sense. That's really all God can say. "And then find out, not only what your will is but if it is harmonious with love, go and do it. If it is not harmonious with love, deal with the emotions inside yourself that cause you to feel the way you feel." That's really all God can say with a prayer like that.

But if we start praying about things like affecting other people's will, for example, "Oh I know who my soulmate is, God can you just make him, or her, want to know me or want to love me?" "Cupid, draw back your bow and...!" You know what I mean. That is a prayer but what you are basically doing is asking God to change somebody's heart for you. Now can God do that? Obviously not. So you can't let yourself believe that God is actually going to change other people for you. However you could pray that whatever the emotions are within your soulmate that cause your soulmate to not have a soulmate connection, that your soulmate is assisted in dealing with those emotions, couldn't you? That is certainly a valid prayer in harmony with love. Can you see the difference? One is saying, "Do this for me," the other one is saying "Do it for the person; help the person."

9.1. *Speaking up for truth*

Many times we break the Law of Free Will when we are praying and we are often not aware of it. And the key is to become aware of the Law of Free Will. For example, how many times have you prayed for truth in your own life, but you personally know the truth about someone else that you have not said? How many times have you prayed for truth in your own life, and yet you know a truth about somebody else's life and you have not told them?

Participant: Can you give an example of what you mean?

For example: let's say I have a friend in a marriage and I know that her husband has cheated on her. Now most people would say that is none of my business and I'd have to disagree. The reason why it is my business is that I know the truth and I'm not saying it. And there should be no reason why I don't say the truth, even if it means losing a friendship. Now if I'm praying at that same moment to receive truth myself, it is very hypocritical because I am actually holding on to a truth that the other person needs for their life. And in fact both the man who cheated on his wife and the wife actually need to heal their life. Now I can be praying in that way, praying for the other person to get to know something, but if I personally know it myself, what am I doing? Aren't I just ignoring the fact that I might be the messenger of truth for that person? So if I'm praying for things that other people's free will is going to be impacted on... for example in that situation I just gave, the free will of the husband and the free will of the wife is being impacted by my choice not to say anything. Now how does that work? How it works is the wife, who does not know that her husband has cheated, might have made a different choice in her life if she knew, would she not? Like she may decide to forgive him, but she may decide to leave him.

Now she may, if she had that information, make a different choice to what she is currently making. So if I don't tell her the truth I have control over her free will to an extent; can you see that? Can you see how my not saying something actually means that I've made a decision for her. I've made a decision for her, and that decision might be, "Oh she won't cope with it," or, "I'll feel responsible for their marriage break-up," or who knows what, or, "She may not believe me," and you may lose a friend, whatever it be. Whatever it is, whatever the underlying emotion is, I've broken the Law of Free Will. I have not enabled this woman to make the choice. In all of my interactions with every person I will always enable people to make a choice, if the person wants to hear the truth. So you could go up to the person and say, "Do you want to hear the truth about what is going on in your relationship?" And she could say, "No." Okay, that would be fine, wouldn't it? But if she says, "Yes," then of course you would speak it.

9.2. *God's perspective on confidentiality*

Participant: As a relationship counsellor I took an oath of confidentiality, where do I stand?

Well what is an oath about? An oath is a promise, and you should always keep promises. However, I would never make a promise of confidentiality. Can you see why? Does God want everything to be confidential or transparent? God wants everything to be transparent. If I take an oath of confidentiality I am actually enabling the person to stay in denial of some emotions within themselves. And I am a party to that act, can you see that? Now most lawyers do this, most religious people do it, most counsellors do it and what you do with your life is totally up to you. But what I am saying is, is the oath in harmony with Divine Love or Divine Laws? From God's perspective is everything confidential? Nothing is confidential, is it? God knows absolutely everything, every single thing that happens. Often confidentiality causes problems. Can you see that too? For example, I know something about one person and the other person and they don't want to tell each other. Firstly, obviously if I am loving I would go to the first person and say, "Please, I know you know this, I feel this about it, I need to tell my other friend, whether it's your wife, husband, whatever, I need to tell them but I prefer that you do it." You could give them that option. But in the end my feelings are that I don't care about confidentiality. So I'm sorry about that for everyone who is challenged by that.

Now let me address this issue a little further and give you more detail. We often make an oath of confidentiality in order to encourage people be more open with us, do we not? Why do they need that encouragement? Because they are going to be afraid of being judged most of the time. Is that not the case? But if I'm in state where I am not judging anyone, then that takes that fear away, doesn't it? So I am not judging anyone. What is the thing that is going to help them access their emotions the most? Truth! If I am denying truth in their life, by helping them or assisting them deny truth in their life, aren't I a party to suppressing their emotions? Probably, yes.

Now this raises huge amounts of issues for doctors, lawyers, counsellors, doesn't it? It changes the whole ballpark and in fact you would often be disbarred if these kinds of things happened in a doctor-patient setting but I can't fix that for you. All I can do is tell you what God's principles are, that's all I can do. I can't actually change how you work; how you work is up to you. But understand that if you take an oath of confidentiality, the oath is actually from God's perspective a breach of some of His Divine laws. How you deal with that is up to you. I'm not telling you what to do about that. I'm just informing you that that is the case. Can you understand why though? Can you see how the laws of truth are compromised? Can you see how the laws of emotion are compromised? Can you see how even the laws of free will are compromised? There are quite a few laws compromised by holding something confidential when you know it would benefit another person, or they may make a totally different decision if they knew the truth.

You see what happens today in almost all forms of therapy and counselling and in many doctor-patient relationships, and lawyers in particular as well, is that nobody wants to take responsibility for how they feel. What does God want you to do? Take responsibility for how you feel. So if I am assisting people to not take responsibility for how they feel, I am really assisting people to do exactly the opposite to what God actually wants them to do, can you see that? So this is a very hard issue for many of you in those professions to address. The key is to allow yourself to feel through the issues emotionally like every other issue. As you receive Divine Love you will feel at some point the Divine Love will stop flowing until you address these issues in your day-to-day life. And then allow yourself to work through them as those issues are triggered in you.

Participant: I gave some information to two other people and then asked them not to talk about it to other people. Have I asked them to do the wrong thing?

Yep. Because you are asking them to not exercise their own free will. If you feel that you wanted to have that not told to other people, you shouldn't have told them in the first place. Do you know what I mean? As soon as I am asking somebody else to deny the operation of their own free will I've just broken a law. They're allowed to do whatever they want with any information that I give them. They could even falsify the lot of it and tell a million people. And in fact that would be my Law of Attraction if they did it, to trigger an emotion within me. The only reason why we ask those kinds of questions is that we are afraid of the results and so it is a fear-based decision.

9.3. *Free will and truth*

Participant: You yourself know truths about people don't you, that if you spoke them could blow everyone's cover but you don't speak to them of it. For example, you speak the truth to me. But I could ask you things that you probably know about my life, like who sexually abused me, but you wouldn't say that?

Yeah there are times when I do know things about your life that perhaps even you don't know but a lot of the times I won't... I'm perfectly happy to tell you the truth but only as long as I can feel from your soul that you want the truth. This is a bit different to this other issue that we were discussing and we'll talk about why.

In one instance we are talking about the person's own decision and their own free will, so when I'm relating to you, I am actually relating to your free will. So if Gary cheated on you, and I knew about it, then I would certainly say that to you. And if you came and asked me personal things about your life, whatever I can do to help you I would try to do. Sometimes though, the help is for you to trust your own feelings about that, so a lot of people come and ask me questions and say, "Oh what do you feel about that?" and I answer back, "What do you feel about that?" Because they need to know how to exercise their own free will rather than trying to trust mine all the time. Now I am still dealing in truth with you, by saying, "No, I am not going to tell you. I do know but I am not going to tell you" is a truth.

Participant: So did Gary cheat on me? Has Gary cheated on me?

Do you feel that's the kind of thing to ask in a public setting? Why would you have a motive for asking that question in a public setting? What's the motive? Isn't the motive to punish Gary? So is that motive in harmony with love? So why would I answer it?

Participant: So you would answer it in private?

If I knew the answer for certain, yes, I would certainly answer it in private. But I see no point in answering it publicly. And in fact I see some major emotions in you for asking the question publicly, which I would firstly like to address. If I was in truth I would firstly be addressing those emotions. If I do know, if I was a loving person, why would I raise what I know they would feel is a private issue in a public setting? There would only be one reason, and that is that they have already raised it in a public setting. They've already brought it up in a public setting. So you will notice generally when I am dealing with questions and answers with people, if a person brings something up in a public setting I will generally address that in a public setting. If they bring it up in a private setting I will generally address that in a private setting. But the motive is always to actually help the person become more loving, it is not to expose a person or to harm them or to cause any other damage in their life. However if I know about something that is going on in your life, and I feel it is important for you to know; now I am making a decision for you. And I don't believe in making decisions for you. I believe you should be able to make the decisions for yourself.

Participant: Isn't that the same as if you know someone, like if it is a husband and wife, and you're the friend and you know they have cheated; aren't you making the decision for them by telling them?

No. Remember right at the beginning I said, "If you are a friend of this couple..." I don't know if you remember that, but that is what I said. There is a couple who you know who are friends of yours. – For example, I often know when walking past a person down the street that he just cheated on his wife last night, I know if a woman has been raped that day or whatever. But I don't know those persons, they don't know me and they are not asking for my assistance or help. Do you follow me? And there is nothing I can prove in a court or anything like that in those situations. - But if I know this couple and I love them both, I will certainly want to help address the issue of truth, if I love them both.

Participant: But didn't you just say that was taking away their will?

No I want to enable their free will. By enabling their free will I am giving them the choice of making decisions. There is a lot of stuff coming back at me now, so be honest. Say what you feel.

Participant: Does that mean that to stay on the Divine Love Path the things that I consider to be private need to become not private?

They don't need to become public, but you need to not have any emotion about them becoming public. Do you understand the difference?

Participant: It's about being guided by love and that always the...

Yeah, for example, Luther when he was here on earth, you know Martin Luther? I'm talking about the founder of the Lutheran religion. When he was on earth he made lots and lots of terrible statements about women. I don't know if you know that, he made statements about women being not worth any thing more than being kept pregnant and in the home, things like this. He made a lot of really, really derogatory statements about women. He is now one of my Celestial brothers. Do you think that he cares that I just made that statement to you?

No! Why? Because it is the truth! But it is the truth and the truth is we should be able to make statements about any single person here as long as the statements are truthful. Do you know what I mean? And why would it then affect anyone? Now it would only affect them if they had an emotion that was in disharmony with truth, wouldn't it?

Participant: It is also the intent.

Yeah, if the intent is unloving, in other words if it is to hurt the person then straight away I have broken another law myself. So I have spoken the truth, which is not breaking a law, but if my intention was to harm a person in speaking the truth, now I have broken a different law. Obviously I need to have a look at my intention in doing it. What's my intention? I need to really analyse my intention.

Let's say I am in a situation of counselling, and a husband and wife come to me in a counselling session. The husband says, "I want to talk to you privately." My first question would be, "Why?" And my answer would also be, "No". Why would I enable a person to speak privately, not in front of his wife when he is meant to have some close relationship with this person? What is he afraid of? So that is the next thing I would address with him. "What are you afraid of?" "I'm

afraid she might leave me if I tell her what I'm going to tell you," or whatever it is that he is afraid of. So he needs to work through that fear, does he not? Don't enable people to cover up their lies. This is basically what I am saying to you. Because when you do that, you are enabling people to break laws of God. Don't enable people to break the laws of God. It is not your responsibility to correct everything, but it is your responsibility to correct everything that comes into your sphere of operation. That's your Law of Attraction.

So it is not my responsibility to correct somebody's life that I don't know anything about, but it is my responsibility to correct anything that comes into my Law of Attraction, and deal with that openly and honestly and truthfully. Can everyone see the difference?

9.4. *Truth and fear*

Participant: AJ, ever since you brought this issue up about speaking the truth about someone you know who has had an affair... I did a project with this older man, a really spiritual man and he had many affairs. He tried to with me as well. I've had lots of fear come up about speaking the truth. Is it for me to do that or not?

The key for you firstly is to work through all of your fears about speaking the truth. Now many of you have some very deep fears about speaking the truth, do you not? Many of you have got little skeletons in the closet you don't want anybody else to know about. This is how it is for most of our lives. Now what's the underlying motivation emotionally to not tell the truth?

FEAR

Okay, fear. Fear, isn't it, in the end? Fear, is fear harmonious with truth? No. Is fear harmonious with love? No. So as soon as I am clicking in to fear as a motive for holding on to something, I am now out of harmony with love and truth. Can I see that? Okay, so once I'm in this state of fear, obviously I am now motivated by the fear and I'll come up with all sorts of intellectual arguments. And in fact, when we discuss this "Emotions of Self-Deception" topic that we are talking about next month, fear is one of the emotions of self-deception. You choose to have fear so you don't have to deal with other things. Does everyone follow that? I'm choosing to be afraid of truth because I don't like what telling the truth is going to do. So I choose to be afraid of the truth. Once I am in there, am I in love anymore? No, I'm out of harmony with love, just from that moment on. Now for your question Louise; you are afraid to speak the truth.

Participant: Yeah I really am.

So let yourself...

Participant: Yeah, I don't think he will ever speak to me again.

That's okay, I've had lots of people threaten to kill me and then speak to me again, so you don't need to worry. People will always speak to you again. I'm fair dinkum. Fear is the motivation. Fear is the motivation - because there is something you are afraid of. We are talking about prayer now, so what would we do first? We would pray to God about dealing with the fear in you, why you don't feel like you can say truth. And pray to God that you develop a longing in yourself to have the Law of Attraction bring you truth so that you can confront this fear that you have about truth. Do you follow me?

Participant: It's not just about this; it's about fear of speaking truth in my life.

It's about fear of speaking truth in your life and what the results are going to be. Remember, all of these fears are childhood-related. Something happened in your childhood that absolutely terrified you about truth.

Participant: Yeah, I didn't feel like this could be about any of my emotions.

Exactly! Exactly! And the only way you are going to get closer to God is to actually deal with that emotionally. In other words I've somehow got to work through these childhood fears about truth. How am I going to do that if I don't confront issues of truth in my day-to-day life? If I ignore every truth in my day-to-day life will I ever deal with that childhood emotion? No. Now I may pray to God, "Please give me your truth." But if I'm not dealing with the fear about my childhood truth, what's happening? Straight away I'm in disharmony with the prayer I've just asked. You are allowed to choose to be in disharmony with your own prayers. But you're not going to get anywhere; it is just a waste of time.

Participant: Do you incur a penalty?

Do you incur a penalty? Well you're already in the penalty. Isn't the penalty the fear that you have about truth? See underneath that fear about truth is the actual childhood experience which you don't want to release. The fact that you're in fear about it is the actual penalty that is the Law of Compensation. It will continue and continue and continue until you decide to be repentant and deal with it a different way, or start confronting truth; one of the two needs to happen. Does that make sense to everyone? Once that happens, the fear will dissolve because you'll start dealing with the childhood emotions as to why you didn't want to hear the truth or say the truth, or weren't allowed to say the truth and so forth. Once those are dealt with, you'll go around boldly saying truth to every single person you ever meet and you won't even worry at all about the consequences. Now that's what freedom is, isn't it? And what did I say in the first century? The truth will set you free. This is how it sets you free. How it sets you free is when there is no longer any emotional signature to you saying truth, now you are free. You are allowed to be who you are, say what you want, be what you want, to every single person around you.

FEAR CHILDHOOD TRUTH

The truth about our childhood experiences is buried beneath fear

Participant: The prayer for this particular situation is actually recognising the fear, admitting to the fear and experiencing the fear and offering the fear to God?

Yep. Also start looking at what the childhood emotion is around truth, because that is the actual positive thing to do.

Participant: Well yes that would be the next step.

Yep, but understand that fear is an emotion of self-deception. All of your fears... many of you have many fears now. How many of you would be afraid to, I don't know, jump off a ten storey building? Would you be afraid?

Yes! Okay, I'm afraid too. But I'm not facing the truth. The truth is that down the track when I am at-one with God I'll just be able to jump off a ten storey building at some point and fly, probably. And I'll know when that will occur. It will be because I have now accepted a new truth and that new truth might be, "Oh, now I understand that there is a certain law of physics that I never understood before, it is not called the Law of Aerodynamics and it's not the gravity law either, but it overcomes both." And once I understand that law, am I in fear anymore? No. This applies all through your life. When I face the truth, the fear dissolves and that always is the case.

Participant: But right now if I jumped off a building I'd hit the ground.

Of course; that's why you are afraid. Because you don't know the truth, can you see? The reason you're afraid is that you don't know the truth and you know you don't know the truth.

Participant: But the truth right now is that I'd hit the ground.

That is the truth, because you don't know that other truth, yeah. The other truth is this special law, the law that you don't know about that overcomes the Law of Aerodynamics and the Law of Gravity. The ancients in Lemuria and Atlantis, they knew about it, but you don't know about it. You don't know about that law. And because you don't know about the law, you know for certain you are going to hit the ground and go splat right when you jump off the building. As do I know at the moment because I don't remember that law either. But there will come a time in your existence when you will remember that law, you will know that law. When you know that law, then that law becomes truth and the fear dissolves doesn't it? You'll step off the building like it's just a walk in the park, straight out.

Participant: So truth is not necessarily absolute, it is what applies in the moment.

It is what applies in the moment, yes of course. So if I've got the truth inside me about something that I know emotionally for certain is the truth then I'm not going to have any fear about it at all. And you will get to a stage in your own progression where you will not be afraid of speaking the truth or living in truth at all. And when you get to that stage you will have entered the third sphere of the spirit world.

Mary: I was just going to say - because I have been working around this issue as you know, I knew a truth intellectually, that truth will lead to love. If I'm in personal truth at all times it will trigger all of my emotions and eventually I'll become more in love. So I prayed about that, I said, "Help me have faith and understand that truth will lead to love." So you can know it, you can realise the truth even if it is intellectually and then pray about recognising that emotionally.

Exactly, yeah! So for all of you who are afraid of speaking the truth, start praying about that. When you get to the point where you are no longer afraid of the truth and afraid of speaking the truth in every circumstance and situation, you'll have entered the third sphere of the spirit world. So you will know you will never visit a hell, unless you want to go there, once you get to that condition. But that tells you too, how refined the spheres of the spirit world are, doesn't it. What kind of lessons you would need to learn as you progress?

Participant: What are the lessons of the 2nd sphere?

I don't want to go through all the lessons of every sphere.

Participant: If I have committed adultery, I'm asking you, I really believe that if I went to the man's wife and confessed the truth then it would perpetuate harm.

Yeah that's not true.

Participant: I feel it is.

I know you feel that.

Participant: I have remorse, fears and anger and grief and sadness and just a multitude of things here.

But the truth will set you free Jenny so all of those emotions you just mentioned of guilt and shame and...

Participant: But what about the family and the children?

They all need to know the truth. All of them all need to know the truth. All of them need to know the truth. The reason why all of them need to know the truth is that the truth will set them free too. And because it is a personal thing, it is something that is going on for yourself, something that you yourself have done, it is very important that you face the personal truths; very, very important.

Participant: Does that mean that I can't progress in Divine Love until I rectify...

You'll progress until the 3rd sphere, and then you won't progress any longer until you address that particular issue, that is correct.

Participant: If you know someone has had an affair but they are not together anymore, it is still the truth but it is probably not going to affect them that much...

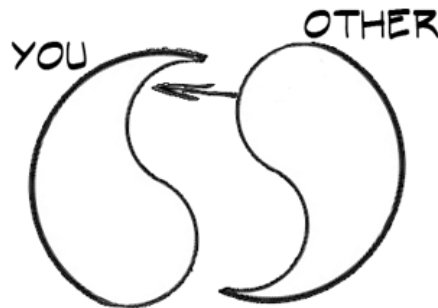
Now we are starting get down the line of, you know, I have an acquaintance and they... you know what I mean?

Participant: She was a really good friend of mine.

If it is a really good friend of yours just raise the issue in a conversation with them - do they want to know the truth of what happened? And if they don't want to, say that's fine. You know they may not want to, so that's fine, that's their free will at work. If they want to know the truth, tell them. That's fine too. But what I am really saying is, in your day-to-day life right now, there are issues of truth that hit you every day. What I'm saying is, from now on start practicing living in the truth of them. And you'll find that whatever emotions freak you out about speaking the truth are going to come up really rapidly. And once you get through those emotions and come out the other side of the emotions you'll be in the third sphere. Now that might take you six months or twelve months, but once you get through those emotions and come out the other side you'll be in a really, really good state when it comes to truth and love.

Participant: I'm a bit confused now; do you ask them "Do you want to hear the truth?" or do you just tell them?

I normally ask people if they want to hear it. There will come a time in your life where everything inside you is a soul-to-soul transaction. Here's your soul, here's the other person.



As we progress we will be able to feel the emotions in the souls of others

You won't ever have to ask the person whether they want to hear truth because you will feel the emotion from them that they don't want to hear the truth. But that is still your honouring their free will. Now at this stage the majority of us are not in that state are we? We can't just look at somebody's soul, feel their emotion and say, "They want to know the truth," and out with it. Most of us are not in that state yet. So if you're not in that state yet use the words. Ask the person if they want to hear the truth. Most people will actually tell you they want to hear the truth even when they don't, okay. For example, in the case that I gave you of a person wanting to hear the truth of her cheating husband and they say they want to hear the truth and you tell them the truth and then they ban you from their life, for the rest of your life, then obviously they didn't want to hear the truth. But you don't know that. And what I'm saying is at this particular point in your development, you've got to stick by the laws of free will that you know as best you can - at this point. And all development is like that. Do what you know to be true at this point.

Participant: I was just going to say, in your past if you have done something that wasn't being truthful, do we have to go back to that and get that or do we just start from now and be truthful, like start...

Very good question! Are you going to get penalised for that? Very good question. Very good question. You'll want to listen for the answer. It's a good question though.

Mary: My answer is that your soul will tell you. The more you deal with your emotions the more you'll find that your soul won't be able to handle not going back.

Exactly!

Mary: And your soul loves truth. Once you start telling the truth, it triggers a lot of emotions but then you get hooked.

Yeah, you get sort of addicted to truth after a while and you just can't help yourself.

Mary: Because you are honouring yourself.

Exactly!

Mary: And it doesn't mean you don't have compassion when you tell the truth to others either.

You always have compassion. When you deal with this issue of truth, if you are really repentant about it, you'll find that first thing you would do is pray to God about it and you will feel the feeling of repentance enter you. And from that moment on you'll be addressing issues of truth in your day-to-day life all the time, without resistance. And you will find that any previously unhealed thing that needs to be dealt with will be presented to you again through your Law of Attraction. And you need to let yourself deal with it. That will automatically happen because remember God's laws are automatically there to help you heal your emotions. That will automatically happen, so let yourself deal with all that.

I'd like to mention about this issue of truth: the whole reason I've got a whole day coming up, this month or next month talking about prayers for Divine Truth is that this subject of truth is such an important subject. We'll be talking about prayer for Divine Love and prayer for Divine Truth as specific issues because they are very, very big issues in your own progression. I just wanted to say that so all of you are aware that there will be a lot more said about this subject.

9.5. *God answers prayers with loving motives*

Participant: Hi AJ, I was just wanting some clarification about prayer with regards to somebody else. My thing is about interfering with their free will and I'm not sure - you mentioned before, you skipped over it quite quickly and it didn't quite register in my head, as to... I think your example was a soulmate; that you could ask God to help them to be shown through their Law of Attraction.

It gets back down to our motive.

MOTIVE

Participant: Yeah.

It always gets back to our motive.

Participant: Well it ends up being my motive, doesn't it? So that's where I go, "okay, well..."

And if you're praying for something...

Participant: Maybe it is interfering in their free will?

Exactly!

Participant: Maybe they don't want to have to, you know have to... and again then I am also not trusting God.

Exactly!

Participant: And I'm not giving him or us or every individual their opportunity to grow as they see fit.

Exactly!

Participant: So my question comes back again...

Are you even asking a question?

Participant: But if I want to say a prayer, say my father is ill and I want to say a prayer for him, like sending him love and asking for God to protect him or whatever; is that interfering?

No. Always look at your motives. Now let's look at our motives. Let's say dad is ill and we are praying for our dad, what's my motive? Is my motive that I'm afraid of him dying? Is my motive that I am afraid of the pain he is feeling? Is my motive that he won't love me as much if he is in more pain? Is my motive that he is actually angry with me while he is in this pain? What is my motive? Now all of the motives that I just listed are unloving. And God can't hear the prayer on that basis. However God can hear the prayer on the basis of my motive being loving. "Please help my dad deal with the emotion that he is working through that causes his illness," is a very loving prayer. If I know the emotion I would even go and tell my dad what it is; that would be the loving thing to do. So my motive is everything. What is my motive? If my motive is actually for selfish purposes, then I am out of harmony with the Law of Free Will.

Participant: So if you are actually praying for, asking God to show your soulmate or show whoever it is, that you are praying for the emotion behind it, that's how we incur no penalties and you don't...?

Well no, remember I just said it depends on your motive. If my motive for doing that is that I want my soulmate to love me, then it is a selfish motive. If my motive is that I just love my soulmate and want my soulmate to progress, now it is not a selfish motive. You see this is where we have got to be so... you see what I am saying to you? You can see the difference between sincerity and insincerity. Now the more loving we become, the more sincere we become and the more pure our motives become. So initially when we start off in the 1st sphere, a lot of our motives are very impure. They are not really loving. Most of our motives are quite self-based, but as we progress and receive more Divine Love our motives become more pure. And God understands this too, He gets the bit that is when our motive is pure; He feels that bit, and He resonates with that bit that was pure, and acts upon that bit that was pure. He doesn't act upon all the bits that are not very pure.

Participant: So it doesn't matter how you say it, it is your...

It doesn't matter how you say it.

Participant: ... emotion at the time.

Well remember I say prayer is the emotion, not the thought, so it doesn't matter how you are saying it. What is your motive? Does that make sense to everyone? What is your feeling behind the prayer? That's the thing that matters. That is in fact the real condition; the real reason why you are even praying is the feeling behind the prayer.

Participant: I appreciate very much that you want to make the community but I would suggest and it is my desire that we have a counselling centre because we need it... so think about that because that is more need I feel that all of us need counselling and help and in the same time it can be the community...

How many of you are already counsellors or psychiatrists or involved in counselling and helping others? How many of you are, keep your hands up, how many are involved in things even like reiki and all those kind of things as well, spiritual healing and all those kind of things? A good half of the audience. You can set up a counselling centre. And I'm happy to give you advice, I'm happy to give you advice but I'm not going to be doing that myself. That's not why I'm here. I'm here to tell Divine Truth.

Participant: My dad is ill in hospital; he had a stroke on Tuesday.

Can I just stop you for a second? Why are you sad?

Participant: Because I am fearful about a lot of things, I'm fearful that he is not going to be around, but since then I have been praying to God to help him through his Law of Attraction, to feel his emotions because I want him to pass over in the best emotional state that he can but I am very fearful of talking to him about his emotions, and what Mary said before about trusting that the truth will lead to love, that brought up a lot of emotion in me, because I honestly don't think that by telling my father the truth it is going to lead to love, much as I would love to be able to believe that; and also because of my financial situation at the moment. One of my other fears which shocked the heck out of me was "Don't you dare die so that my Law of Attraction will give me money after you die because I'm scared of not having any money."

So let's address some of the issues from a prayer point of view. Firstly the prayer that Dad deals with his emotions, at the moment, is motivated by some selfish emotions inside you.

Participant: A lot of fear.

A lot of fear and the motive within you is fear.

MOTIVE
FEAR

If a motive is fear, is it love? No, simple as that, just no. Now if the motive is fear, the prayer you need to pray about is, "Please help me look at my fears about my father and his illness." This is the first thing that you need to start addressing with God. Once you let yourself work through all of them, you will actually get to a state where you can pray for your father but the motive will be based on love. And so many of the comments that you made about what you were praying about, actually God couldn't hear because at the moment it is coming from a different place.

Participant: My fear is fear.

Yeah, so the key is to start addressing that issue with God. Does that make sense for everyone? For most of us what we are addressing issues with God that we are not actually feeling at the time. In other words we want God to change our external environment so that we don't feel the fear that we're feeling. But the external environment is actually there through your Law of Attraction so that you feel the fear you're feeling and work your way through it and get to something deeper.

So what God wants in this situation and what you want in this situation are totally the opposite things. So can God answer those prayers? No, all God can do is allow the fear in you to build even more and build even more till you realise, "Actually, I am just terrified about whatever it is and I need to deal with that"; that's the thing I need to pray for. So that's what you need to do in this case. So many times I see even on the Internet where people are saying, "Such and such just passed, pray for them." Why? Why didn't you pray for them before they passed? Why? Because you didn't care about them as much before they passed than afterwards. Why? Can you see what I am saying? Because obviously you didn't think about them that much until they passed. Why? Because you are probably scared of passing yourself, that's probably why. And allow yourself to feel your way through all of that emotionally; you see what I am saying? Often our motives for doing things are way, way out of harmony with love. So when I hear people say things like... I quite often see different things posted on different forums, not very much now because I don't read much of them... I quite often saw things in the past where, "Such-and-such has passed, please pray for them," or, "Such-and-such is very ill, please pray for them." My feeling is, "Why aren't you praying for them already? When they were not unwell, for example. When they hadn't yet passed, why weren't you praying for them then?" Can you see that sometimes if we ask that question we will often see the motive that we have? And it is the motive we have that needs to be addressed.

Participant: I learnt a lot about fear last night, because yesterday I said, "Tonada," because I live with her, "A lot has happened in the last three weeks," but I don't think I have been emotional enough, or there must be a lot of fear there. So thanks to my Law of Attraction it's started.

Triggered another event, yeah. We will talk more about fear when we talk about this subject of emotions of self-deception, because fear is an emotion of self-deception and we need to talk a lot more about those kinds of emotions.

10. God will not answer prayers where we refuse to do what we are asking God to do

You'll notice on the third page I've got, "What will not be heard by God". I just want to go through a few of those because many of you have already asked questions about this. Notice the last thing on the list is that God will not hear prayers where you refuse to do what you are asking God to do. I'll say that again. God will not hear a prayer where you are asking God to do something that you personally refuse to do. I'm not saying that you can't do because of circumstances; I'm saying that you refuse to do. For example, there are so many examples actually that there is just - what did I put in the thing there?

Participant: Like praying to God for a job change, is that what you meant?

Yeah.

Participant: When we refuse to leave the job we are in because of emotional error.

Yeah, so let's look at that one, the job change thing. So I'm praying to God for a change of job because I hate my job. I keep saying to God, "I hate my job. I want to change my job." I am waiting for God to bring up another job for me, that's basically what I am doing isn't it? But how can God do that? You're not willing to take any action in harmony with your prayer. So how is God going to do that? Are you just going to sit there and twiddle your thumbs and wait till God arranges everything in the universe for you, without you actually making an action?

Now what you refuse to do is often what you need to learn. God is often trying to teach us, "Well actually no you can do this for yourself; you don't need Me for this one. You can do this one for yourself because your Law of Attraction is so powerful that once you set your intention and once you really go for it, bang, everything will just happen; all of My laws are already nursing you." That's really what God's saying to us in this situation. "All of My laws are already nursing you." All you need to do is, "Do I like this job? No. Should I be in it? No." Stop straight away. "What job do I like? Oh I like riding bikes around so I'll go and find a job that is something to do with that." You know what I mean? And exercise your desire and intention and because in all of that, now you are also praying. Remember that prayer is about the soul and the soul is desire, passion, longing; you're praying right at that instant.

So oftentimes we pray to God because we want God to sort something out for us that we didn't want to sort out ourselves. God doesn't answer that kind of stuff very well. Because God's there waiting for us to work out the fact that actually no, hang on a sec, you created what you've got right now, you need to feel the pain of what you created and then once you feel that maybe you will decide to do something different. Now if I start praying, "What is the reason I am staying in a job that I don't like? I want to feel the feelings of why I'm staying in a job I don't like." Now God can answer that really, really well for us, can't He? Because now we are starting to deal with the cause of what is actually going on. Oftentimes we ask God to do things that we personally refuse to do. The key is to stop doing that, and start looking at the emotional reasons why you refuse to do it and pray about that instead.

We often ask God to fix what we have created. This is an extension of that. For example our marriage is breaking down; we want our partner to come to some realisations that he's hurting us, but who created this relationship? God? No, I did. I created this relationship. Now God is perfectly willing for me to work through the issues of why the relationship isn't working, perfectly willing to help me do that, but He is not going to take away the effects of my creation; to do that He'd have to break the Law of Cause and Effect. And He'd have to break the Law of Compensation and He'd have to break... like there are quite a few laws He'd have to break just to do that. God's not going to do that. Can you see how it works?

Participant: In a work situation, say you were being abused by a fellow colleague, in that situation, if you wanted to pray to God to release that, would you have to deal with not being liked and all that emotion and release some experiences of that, to release it to God?

Yes that's right.

Participant: Then the Law of Attraction will change.

It will change, yes, that's right. The Law of Attraction might just be a simple thing of why are you staying in a job where somebody is harming you? And a lot of times we prostitute ourselves in that way. We stay in something that's harming us, because we haven't learnt to love ourselves yet. So it might not be the Law of Attraction because of the other issues, it might just be the fact that we haven't learnt to love ourselves yet that's being triggered. The key is to let yourself work your way through that emotionally, pray to God about the issue and you will find what the issue really is within you.

Participant: Also on that note, does that come back from a childhood...?

Always, always from a childhood event. Yep always. So at the causal level we would be asking for God to show us what this is triggering in me? What's the feeling it is triggering in me? I want to know what that feeling is, oh it is anger and then it's this and it's that and whatever the emotions are and then I'd say, "What kind of relationship does this have to issues in my own childhood?" And you'll probably find a relationship between this event and a father doing that to you, in your case yes, and so forth.

11. God does not answer prayers that harm others or the environment

Notice "Prayers that harm others or the environment." I've heard of people saying a prayer to curse a person. How many times have you felt like doing that? And in fact the person was then cursed. In other words the person then got a sickness and they died from it. Or the person then got some kind of illness and... Now was God doing that? No, so who was? A spirit, yeah! Many times this happens in more spiritualistic cultures, like the Aboriginal culture, a lot of the African cultures, a lot of the Asian cultures, where direct spirit influence is involved in harming the other person at a person's wish. It is certainly not God doing that. God doesn't answer prayers to cause the harm of other people. Very, very low level spirits answer those prayers in order to carry out your wishes. You've all heard of very negative things like witchcraft, and I'm not talking about so-called "white witchcraft" I suppose you'd call it nowadays, I'm talking about the real black evil stuff which is about harming other people, controlling, manipulating events and all those kinds of things.

Participant: Voodoo.

Or voodoo-type things, yep. All those type of things that are still rife in the world today. They are not prayers to God or to Satan, they are actually desires of the person enabled by desires of people who are spirits and those two desires merge and the spirits do all they can to harm the person.

Of course God answers prayers for protection against that. But deal with the emotional reason of why you need the protection in the first place, because no spirit can harm you unless there is an emotional connection between you and the spirit. But God always answers prayers for that kind of protection as long as we are willing to look at our Law of Attraction. Then of course God can answer those prayers.

12. God does not answer prayers that involve heartless repetition

What about repetition, heartless repetition? You know, the Lord's Prayer said over and over again, makes you real sanctimonious. Well of course that's not the case. That's not the case at all. So don't get involved in prayers that are just a mindless, endless repetition. Go into the emotion. Let yourself settle in the emotion.

13. God does not answer prayers that are demands

Don't think that you can demand something of God, you know, do a negotiation with God. "Oh if I do this for You God will You do this for me?" that kind of thing. Don't think you can get into that state where you can negotiate with God. A lot of people try negotiating with God, have you noticed that? How many times have you done it in the past? Where you've said, "Oh if I do this for You God, will You do that for me?" that kind of thing. Now this is going to sound quite harsh perhaps but often we even do this right down with really deep diseases and illnesses. Where we say, "Oh if You cure me of this disease I'll then do Your will" or something like that. Do you follow me?

Now God doesn't answer those prayers; there are probably fifty reasons why God doesn't answer one of those prayers. But the key thing for us to bear in mind is that we have emotions within us where we feel we can manipulate God into

doing what we want and we need to feel those emotions and work through those emotions. Because the truth is that we can't manipulate God. God is non-negotiable. That doesn't mean God is unloving, it means that God is non-negotiable with regard to breaking any laws. You know nowadays you pay a bit of extra money to someone under the table, you get a bit of a kick-back, and you get a bit of extra service. Well God doesn't do that either. You can't just pay extra money to God and God gives you a bit of extra service. All of these things that have been presented in the past in many religions of paying extra to get out of purgatory and all those kinds of things, all of those things are obviously not motivated by truth or love. And it is impossible to do those things. God doesn't change God's laws.

Participant: What about when you ask God for a sign, is that being...?

Ask God for a sign?

Participant: Yeah.

What for?

Participant: Someone that I am seeing that I asked about being my soulmate, to show me a sign.

Show me a sign that this person is my soulmate?

Participant: Yep.

What would the sign be like? YES.

YES

No I'm just joking!

Participant: My sign is a red ribbon.

Your sign is red ribbons, okay. When you are asking these kinds of questions it is often your guides that are interacting with you. There are some friends I know that any time she sees multiple twos she knows she should take notice of something.

2 2 2 2

She knows she should take notice of something that is going on. Of course most of the time she doesn't take notice of it or deal with it emotionally. But this happens to her so frequently in her life that she has now learnt it is the way her guides are trying to communicate with her; a sign about something. But you know they are probably not going to answer the question. They may give you a sign in order to deal with some emotions. Now most of the times we ask for signs because we do not trust our own emotions. And one of the things that all of your celestial guides want to do with you is teach you how to trust yourself. And are you trusting yourself when you are relying on them? Are you relying on God when you are relying on them? No. So a lot of these things about signs are all about us not yet being developed emotionally enough to know the truth about it. Isn't it better to ask for things like, "I feel this person may be my soulmate; show me what emotions I need to work through to know the truth." That would be a more beneficial prayer wouldn't it, rather than asking for a sign?

You know if they give you a sign, you'll just say, "Oh yeah he is my soulmate," and so you get into this relationship and he is a sleazebag at the moment. I'm not saying yours is, but let's say, and if you loved yourself you wouldn't even be with this man even if he is your soulmate. But because somebody has told you he is your soulmate, you go in to the relationship. Now obviously that wouldn't be beneficial to you. This is where the principles of truth and love need to be practiced in your life. So rather than asking yourself those kind of questions you are far better off asking yourself and God things like, "What are the unhealed emotions in me that prevent me from meeting my soulmate? Please show me those

emotions and help me work through those emotions.” That would be a far more powerful thing to do. Because the truth is that if one of your guides or even God gave you a sign that somebody is your soulmate and the person is in poor condition, there is a high likelihood that at the moment you would compromise other principles to be with them and that wouldn’t be beneficial to your soul at all.

13.1. God will never take away our Law of Attraction

Participant: So that means, I said to God, “I’m willing to deal with this issue, if you take away all this Law of Attraction stuff,” but that’s making a demand is it?

Certainly, God is not going to take away the Law of Attraction, ever. It is one of God’s beautiful messengers to you that you are either in harmony or out of harmony with God.

Participant: But if I say, “Oh okay I get it now, I’ve got this I am going to deal with this, I am dealing with this.”

God’s not going to take it away then either. It is going to go away automatically when you deal with it. You see we often negotiate with God. We say, “I know what the issue is now, I’ll deal with it next week, can you please take away my Law of Attraction?” God’s not going to do that and you can see why. Because everybody would be praying for their Law of Attraction to be taken away if it is negative and then nobody would be listening to it and everybody would be getting away with their own Law of Attraction. God doesn’t do things like that. Your Law of Attraction will change when your soul has released the emotion; that’s the only time it is going to change. And you can pray until you are blue in the face for your Law of Attraction to change before then and it will not.

Participant: So I need to pray to work out what that emotion is?

You need to pray to work out what the emotion is but you also need to pray to thank God for the Law of Attraction. See at the moment many of us are actually cursing God for the Law of Attraction, aren’t we? If we are in pain, we feel the pain of our Law of Attraction; oftentimes we get into this state of, “Argh, why can’t God stop this Law of Attraction?” when in reality what we need to do is embrace our Law of Attraction. Because our Law of Attraction is, remember, God’s messenger of truth to us. So God is not going to take away our Law of Attraction. God will never do that. You can take away your Law of Attraction just by getting on and dealing with the emotion.

14. Closing Words

Now it’s nearly half past so I need to stop all questions now. Obviously there are a few other things that I haven’t covered with that prayer discussion, so see if you can have a look at them and ponder about them, meditate about them a bit.

Thank you very much, people, for your attention.